

NEW SOUTH WALES CYCLING FEDERATION



TECHNICAL REGULATIONS

Road, Track & Criterium

July 2009

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45 - DUTIES OF OFFICIALS

a) Commissaire

- i. Is an official designated by the UCI, ACF or the NSWCF to ensure that all cycling events comply with such provisions of the Regulations as may apply.
- ii. Both individually and or in a panel shall direct the sporting aspects of cycling events and ensure that the event be in all respects conducted according to The Regulations. They shall, in particular, ensure that the regulations specific to an event, manner in which it is conducted and all technical provisions relating thereto comply strictly with the applicable provisions of The Regulations.
- iii. Shall record breaches of The Regulations and take the appropriate disciplinary action.
- iv. May warn, reprimand, fine, relegate, disqualify and/or suspend or a combination of any of the above.
- v. When a junior (under 9 - 19 Male and Female) competitor is requested to report to a Commissaire then a licensed adult member of the federation shall accompany him/her.
- vi. Shall act neutrally and independently. He/She may in no way be involved in the organisation of the race. He/She shall immediately decline his/her appointment if he/she is aware of any element that could cast doubt on his/her neutrality.
- vii. The title of Commissaire shall be conferred by the ACF or the NSWCF. The ACF or the NSWCF shall determine the eligibility, status and functions of Commissaires in accordance with the principles mentioned above.
- viii. The NSWCF Technical Committee from nominations received shall appoint Commissaires for all open/championship events.

b) Chief Commissaire

- i. Has full control of all events, officials, competitors and accredited personnel from one hour prior to the commencement of the event until one hour after the completion of the last victory ceremony.
- ii. Inspect the venue together with the Promoter/Event Director, ensure all Local Government and Police Permits (where applicable) are in place and make such recommendations considered necessary for the proper and safe conduct of the event.
- iii. Shall have the power (in consultation with the race director) to abandon, postpone or neutralise part thereof of any event should it be considered necessary (inclement weather, dangerous conditions, lack of required number of starters etc).
- iv. Consult with the Principal Commissaires and make decisions according to The Regulations, in a logical manner and in the spirit of sportsmanship, after considering whether any incident has affected the result of a race.
- v. Alter the Judges placing should such action be warranted and advise the Chief Judge and Recorder.
- vi. Receive all protests and adjudicate thereon.
- vii. Advise the Chief Judge, Recorder and Announcer of any actions.
- viii. Submit a written report to the NSWCF within seven (7) days at the conclusion of all NSWCF open/championship events.
- ix. Submit a written report to the club secretary within two (2) working days of all club and interclub events.
- x. If an accident and or an injury occur during in any club/interclub or open events a report shall be submitted to NSWCF Office detailing the events and injuries within two (2) working days.

c) Principal Commissaires

- i. Assist the Chief Commissaire as required.
- ii. Report any irregularities.
- iii. Liaise with all other Commissaires where necessary.

d) Medical Control Commissaire

- i. Medical Regulations to follow. The NSWCF adopts the ACF anti-doping policy.

e) Chief Judge

- i. Decide the placed competitors in all events except time trials. In individual and team pursuits, when electronic timing equipment is used, judges shall make these decisions in accordance with Pursuit Rules.
- ii. Liaise with the Lap Scorer and keep a record of laps covered.
- iii. Advise the official placings to the Recorder after the all clear has been signalled by the Chief Commissaire.
- iv. The decision of the Judges shall not be subject to appeal
- v. Should The Judges find that an error has been made, decisions may be altered within ten minutes of the official announcement

f) Starter

- i. Decide all questions concerning the start of an event.
- ii. Effect the start by single pistol shot, whistle or electronic countdown.
- iii. Signal the stoppage of an event with a double pistol shot or double whistle blast where the relevant rules provide.

g) Clerk of the Course

- i. Call the names of competitors before an event and ensure that competitors have their correct number properly affixed.
- ii. Advise the responsible Commissaire that the competitors are ready.
- iii. Co-ordinate the event and report any necessary changes to the Chief Commissaire.
- iv. Conduct the draw for starting positions in the Sprint / Keirin / Derny discipline events.
- v. Report all scratchings / replacements to the Chief Judge.

h) Recorder

- i. Maintain a record of all placings and times.
- ii. Following the qualifying round, prepare the draw for all heats and finals in accordance with the rules of the event and submit to the Chief Commissaire for final approval.
- iii. Liaise with the Chief Judge, Clerk of the Course and Chief Timekeeper.
- iv. Supply the organiser with a list of results at the completion of each session of racing.

i) Chief Timekeeper and Timekeeper Panel

- i. One of the panel shall be appointed as Chief Timekeeper.
- ii. One of the panel to be appointed as operator of the electronic timing device (when available) who shall be responsible to the Chief Timekeeper for the collating of the necessary tapes and documents.
- iii. Take the times of all events and inform the Recorder accordingly.
- iv. Shall use watches that have a split hand or display panel.
- v. Record times to hundredths of a second, except that where available, the electronics timing operator will record the times in thousandths of a second, the latter being used in the case of dead heat.
- vi. In the event of an electronic malfunction, hand held times shall be used during the period of malfunction only.
- vii. The electronic timing device shall have precedence, however, in the event of hand held watches (three required) being used, when two (2) (or three (3)) record the same time, that time will be recognised.
- viii. When each watch is different, the middle time will be recognised.
- ix. The official watches approved for the event must be synchronised prior to the start of that event.

j) Appeal Jury

- i. An Appeals Jury shall be in attendance before the start of each and every event.
- ii. Shall consist of three (3) members who should be Commissaires. If no Commissaires are available, then the Jury may consist of Office Bearers of the NSWCF and/or an affiliated club.
- iii. Shall hear all appeals against the decision of the Chief Commissaire and its decision shall be final on all competition decisions.
- iv. May judge the matter only if the offending party has had a chance to defend his /her point of view, or if when present he/she fails to respond.
- v. Have the power in respect to the Appeal before it to;
 1. Uphold the Appeal
 2. Dismiss the Appeal.
 3. Confirm the decision appealed against and confirm the penalty imposed.
 4. Confirm the decision appealed against but alter the penalty imposed by substituting additional fines, penalties or periods of disqualification's or suspension or by increasing or reducing any penalty, fine or period of disqualification or suspension.
 5. May take into account the competitors previous conduct.

k) Judge-Referee

The Technical Commission will appoint a commissaire from the selected panel of commissaries for NSW Elite/U19 Track Championships as the Judge-Referee. Such commissaire shall be experienced in track racing and in particular must have a sound knowledge of the Sprint, Keirin, Points Race and Madison.

The Judge-Referee shall solely monitor the conduct of the riders in the races and their conformity with the race regulations. On this issue the Judge-Referee shall alone and immediately impose penalties and take any other decision required under the regulations.

The Judge-Referee shall take up a place on the outside of the track in a calm and isolated area with a good general view across the whole track. They must be provided with a means of communicating directly with the Chief Commissaire and Panel. At the NSW Elite/U19 Track Championships the Judge-Referee shall also have access to a video system permitting slow-motion replay in order to review incidents in the race. A technician shall be specifically appointed to assist and operate the video system under instructions.

46 – PROTESTS AND APPEALS – COMPETITION

a) Protests

- i. Competitors may first approach (verbally) the Chief Commissaire concerning any incident in an event.
- ii. A protest arising out of the conduct of a race shall be made in writing to the Chief Commissaire within fifteen minutes after the completion of the event, together with the appropriate fee. The protester and the person against who the protest is made shall be invited to state their case. Should the protest be successful, the fee shall be returned.

b) Appeals - Competition

- i. An appeal against a decision of the Chief Commissaire may be made to the Chairperson of the Appeal Jury.
- ii. The appeal must be in writing and accompanied by the appropriate fee. Such appeal must be made within fifteen minutes of the Chief Commissaire handing out the decision.
- iii. If the appeal is upheld, the fee will be returned.
- iv. The Jury's decision shall be final on all competition decisions.
- v. Should a competitor be suspended he/she has the second and last right of appeal to NSWCF Disciplinary and Appeals Board.
- vi. All appeals in relation to article b (v) and with appropriate fee must be in the hands of the Chairperson of the Appeal Board no later than two (2) working days from the time of the imposition of the penalty.

47 - DISCIPLINARY RULES - APPEALS PROCEDURE (MISCONDUCT)

- a) Should a competitor be suspended under rule 133(B) he / she has the first and last right of appeal to CNSW Disciplinary and Appeals Committee:
- b) All appeals in relation to article 133(B) and with the appropriate fee must be in the hands of the Chairperson of the CNSW Disciplinary and Appeals Committee in writing no later than two (2) working days from the time of the imposition of the penalty.
- c) The Appeal shall be held within seven (7) days of receiving the appeal either in person or by teleconference.

48 - PRESENTATION CEREMONIES

- a) All presentation ceremonies shall take place as soon as practical after the completion of a Championship/Open event but no sooner than 15 minutes after the posting of provisional results.
- b) Any competitor who fails to report in their race clothing at the established time for the Presentation Ceremony, or who delays the Ceremony, may be penalised.
- c) The Clerk of the Course shall liaise with the Race Recorder with regards to the result of each final and shall be responsible to ensure that the placegetters about to receive medals/trophies etc. are ready for the Presentation Ceremony and are properly attired and respectable in regard to their dress.
- d) A Protocol Officer, who shall be appointed by the Event Director / Chief Commissaire, shall be responsible for the smooth running of the Presentation Ceremony.
- e) The duties of the Protocol Officer shall include but not be limited to:
 1. Co-ordinate the attendance of the Official Presenters at the correct time and place.
 2. Liaise with the Clerk of the Course with regards to the placegetters.
 3. Liaise with the person in charge of the flag raising (if flag raising is carried out), to ensure the correct flags are raised.
 4. Ensure that the march on of the Medallists / Trophy Winners and the Presenters is co-ordinated.
- f) All Medal Presenters at a NSWCF Championship series shall be approved by the NSWCF President, or in his/her absence, the appointed representative of the Federation.
- g) An officer of the Federation shall always, if practicable, accompany presenters at a presentation ceremony.
- h) The Chief Commissaire shall lead the entourage for the Presentation Ceremony which shall include the following persons who shall proceed to the victory podium in the order as listed;
 1. The three (3) Placegetters, with the winner of the event in the middle position.
 2. The Medal Presenter, who shall be accompanied by an officer of the Federation.
 3. The Medal Attendants (if available) who shall carry the medals.
- i) When a Placegetter receives a medal, it shall be forbidden to wear headgear of any kind; e.g. hats, caps and glasses on top of the head

49 - MEDALS

- a) The Medals for each Individual or Team Championship of CNSW shall be as follows:
 - 1st – Gilt Medallion
 - 2nd – Silver Medallion
 - 3rd – Bronze Medallion

- b) In any Championship event conducted by CNSW there must be a minimum of three (3) starters or teams.
- c) In the event of only three (3) competitors or teams starting the Gilt and Silver medals only will be awarded.
- d) In the event of a Country or Metropolitan Road and/or Track championship (categories U13 and lower) only three (3) competitors starting the Gilt, Silver & Bronze medals will be awarded. This rule to also apply to other development categories at the discretion of the Executive.
- e) In any division that has more than three (3) starters or teams then Gilt, Silver and Bronze medals shall be awarded.
- f) In Teams events, each competitor competing in the finals will receive the appropriate medallion. A fifth medallion may be presented provided the competitor competes in at least two (2) rounds or the final.
- g) The medallions will be supplied by the N.S.W. Cycling Federation and shall be engraved with the title of the event.

50 - COMPETITORS - UNIFORMS AND APPAREL

- a) The competitors, their uniforms and other clothing shall be neat and clean at least at the beginning of an Event.
- b) Racing jerseys without sleeves shall be forbidden.
- c) Race clothing conforming to those colours and design, registered, as State, Club, Group or Individual Sponsorship Colours shall only be permitted.
- d) No item of clothing shall hide the competitor's number.
- e) Only transparent rain capes shall be authorised.

51 - HELMETS

- i. When propelling a bicycle an approved hard shell helmet complying with Australian Standards (or its equivalent) must be worn at all times, during competition, warming up for an event or when riding on the road at a race meeting. (see by- law 132 a.)

52 - NUMBERS

- a) Competitors shall wear distinctive numbers fixed to their jerseys. Either one or two (2) number tags which shall not be folded, shall be worn as follows:

Flying 200	2		
Scratch	2		
Sprint	2		
Point Score	2		
Team Sprint	1		
Elimination	2		
Time Trial	1		
Keirin	2		
Ind. Road TT	1		
Pursuit (individual)	1	Team Road TT	1
Team Pursuit	1	Road Race	2
Madison	2	Criterium	2
- b) The event organiser may include advertising on the number panel worn by the competitors, ie. Logo or the name of the sponsor/s. The only advertising that may appear on the number is that which the NSWCF Management Committee has approved.
- c) The wearing of numbers shall be compulsory on track and road. The numbers cannot be altered, cut or folded and shall be affixed securely on four (4) corners and no accessory may cover it.
- d) The use of a numbered plate on the front of the frame is recommended in road events.
- e) Any competitor who withdraws from an event shall immediately remove his/her race number and inform race officials.
- f) Numbers shall be the same for all disciplines, preferably black figures on a white background. The same shall apply to the frame plates. When the following are being worn:
 - Two (2) race numbers - dimensions 16cm wide by 18cm high with figures 10cm high line thickness 1.5cms (if advertising is authorised this is to be included in a rectangle of 6cm on the lower part of the race number).
 - One (1) race number - dimensions 20cm wide by 20cm high with figures 11cm high line thickness 1.5cms (if advertising is authorised, this is to be included in a rectangle of 7cm on the lower part of the race number).
- g) When two (2) numbers are used, they must be placed as per the Commissaires instructions.
- h) Shoulder numbers may be used in all events where two (2) numbers are compulsory.
- i) In the case of track events, the competitor shall collect their number no later than fifteen (15) minutes prior to the start of their first event. In road races, the competitor shall collect their number no later than fifteen (15) minutes prior to the advertised race start time. Failure to do so may prevent that competitor from competing or may be liable to a penalty.
- j) Wearing of an incorrect number or failure to wear a number may cause that competitor to be penalised or not placed in that event.

- k) Competitors may be requested to surrender their race license to obtain their race number from the Numbers Steward. The license shall not be returned to the competitor until the Number Steward has received the race number or the Chief Commissaire has instructed otherwise.
- l) Competitors failing to return their race number within thirty (30) minutes of their event finish may be penalised.

53 - RACING COLOURS

a) NSWCF Racing Colours

- i. The NSW Management Committee shall approve the NSWCF colours.
- ii. State Colours shall only be worn by the competitor from the first day of the National Championships at which they are representing, to the day before the following years National Championships. Competitors, who receive NSWCF state clothing to represent on the road, may only wear that clothing in road events, and similarly those who represent on the track may only wear the clothing in track events.
- iii. Competitors who have registered sponsorship may place their sponsors' name/logo on their state clothing subject to ratification by their Club and the NSWCF Management Committee.

b) Club Colours

- i. Each Club must register the design and colours with the NSWCF.
- ii. Each Club may only have one registered Club Colour and Design.
- iii. A coloured photo of the proposed uniform must accompany the registration application.
- iv. Club uniforms / state uniforms (where applicable) / registered individual sponsored colours must be worn at all Open / Championship events.
- v. Competitors who are selected to compete at National Road Championships, as a Club Rider must wear his/her club registered colours.
- vi. Competitors representing their club in NSWCF State Clubs Teams Pursuit or Road Teams Time Trial Championships must wear their Club registered colours or Team sponsored colours as endorsed by their Club and NSWCF Management Committee.

54 - SPONSORSHIP

a) Sponsored Events

- i. The Federation may allow race sponsors to provide advertising material that may be worn on caps, armbands and numbers in a completely sponsored event in accordance with U.C.I. rules.
- ii. Advertising material must only be worn in that race for which approval has been given.

b) Advertising On Uniforms

- i. A club or individual may have a club sponsor or a member individual sponsorship.
- ii. A club or individual may place besides the club name the names of a sponsor or sponsors.
- iii. The only advertising that may appear on the uniform of a competitor is that which has been approved by the Management Committee of that persons club and the NSWCF Management Committee and has been registered with the appropriate fee and agreement form to the NSWCF.
- iv. Each club is responsible for control of all members sponsored uniforms.
- v. No limit shall apply to the number of times sponsors' names appear on the uniform of a competitor.
- vi. The club shall control size of advertising, which appears on the uniform.
- vii. The NSWCF shall charge a Sponsorship Registration Fee to permit the advertising to appear on the competitor's uniform.
- viii. Competitors registered sponsorship club clothing may be worn at National Road Championships subject to ratification by the NSWCF and the competitors club.

c) Club Sponsorship

- i. Shall expire at midnight on October 31st of each year, unless previously terminated by consent of both Sponsor and Club.
- ii. Can include one or more Sponsors and advertising may be placed on the Club Registered Uniform.
- iii. The name of the club must be clearly identifiable on the uniform.
- iv. The agreement form to be signed by the club and the Sponsor or Sponsors and forwarded to CNSW office no later than seven (7) days of having entered the agreement.
- v. A coloured photo or graphic design of the proposed sponsorship uniform along with the appropriate fee must be forwarded to the CNSW office for approval.

d) Group Sponsorship (Two (2) or More Competitors)

- i. Shall expire at midnight on October 31st of each year, unless previously terminated by consent of both Sponsor and Club / Member.
- ii. Can include one or more Sponsors and advertising may be placed on club registered uniform or registered individual colours.
- iii. The agreement form to be signed by the club and the Sponsor or Sponsors and forwarded to CNSW office no later than seven (7) days of having entered the agreement.
- iv. All members of the Sponsored Group to be listed on club letter head and forwarded to CNSW office.
- v. A coloured photo or graphic design of the proposed sponsorship uniform along with the appropriate fee must be forwarded to the CNSW office for approval.
- vi. All Group sponsored colours shall have the Clubs name or abbreviated version on the left breast.

e) Individual Sponsorship

- i. Shall expire at midnight on October 31st of each year, unless previously terminated by consent of both Sponsor and Club / Member.
- ii. Can include one or more Sponsors and advertising may be placed on Club registered uniform or registered individual colours.
- iii. The agreement form to be signed by the club, Sponsor /s, member and forwarded to CNSW office no later than seven (7) days of having entered the agreement...
- iv. A coloured photo or graphic design of the proposed sponsorship uniform along with the appropriate fee must be forwarded to the CNSW office for approval.
- v. All Individual Sponsored colours shall bear the Clubs name or abbreviated version on the left breast.
- vi. All Institute of Sport riders (Australian or State) may compete in their respective Institute's uniform so long as it conforms to that Institute's regulations.

Note: Rules relating to advertising on competitor's uniforms in International events outside of Australia are different. The above rule is regarded as a domestic rule and does not apply overseas.

55 - BICYCLES.

a) Preamble.

- i. Bicycles shall comply with the spirit and Principle of cycling as a sport. The spirit suggests that cyclists compete in competitions on an equal footing. The Principle asserts the primacy of man over machine.

b) Principles.

- i. Definition
The bicycle is a vehicle of two (2) wheels of equal diameter. The front wheel shall be steerable. The rear wheels shall be driven through a system comprising pedal and a chain. The bicycle shall be propelled solely, through a lower bracket, by the legs moving in a circular movement
- ii. Type.
Bicycles shall be of a type that is or could be sold for use by anyone practicing cycling as a sport. The use of a bicycle designed especially for the attainment of a particular performance (record or other) shall not be authorized.
- iii. Quality - Security.
The competitor shall ensure that his/her equipment (bicycles with accessories and other devices fitted, headgear, apparel etc) does not, by virtue of its quality, materials or design, constitute any danger to themselves or to others.
- iv. Position.
The competitor shall assume a sitting position on the bicycle. This position requires that he/she be supported solely by the pedals, the saddle and the handlebar. The competitor shall be so able to grasp the handlebar as to be able to ride and manoeuvre his/her bicycle in all circumstances and with complete safety.
- v. Bolt on handlebar extensions shall be allowed for the Individual Pursuit, Team Pursuit and Road and Track time Trials only.
- vi. Cycling NSW shall not be liable for any consequences deriving from the choice of the equipment used by the licence holders, nor for any defects it may have or it's non compliance.

c) Technical Innovations

- i. No technical innovations regarding anything used, worn or carried by the competitor during an event (bicycles, equipment mounted on them, accessories, helmet, clothing, means of communication etc) may be used until approved by the NSWCF Technical committee.
Acceptance shall refer solely to the fact that the innovation will be acceptable from a sporting point of view.
- ii. If at the start of an event the commissaire considers that a competitor is presenting a technical innovation not accepted by the NSWCF he / she shall refuse to permit that competitor who does not renounce use of such innovation to start the event.
In the event of usage during a race the competitor is automatically eliminated or disqualified.
There shall be no right of appeal against the commissaires decision.

d) Technical Specifications

Except where stated to the contrary the following technical specifications shall apply to bicycles used in road and track racing

- i. Measurements (see diagram "Measurements (1)")
 1. A bicycle shall not measure more than 185 cm in length and 50 cm in width overall.
 2. The peak of the saddle shall be a minimum of 5 cm to the rear of a vertical plane passing through the bottom bracket spindle. This restriction shall not be applied to the bicycle ridden by a rider in a track sprint event, keirin, 500 metres or 1 kilometre time trials; however, in no circumstances shall the peak of the saddle extend in front of a vertical line passing through the bottom bracket spindle.

The distances mentioned in footnote to the articles 1.3.013 and 1.3.016 above may be reduced where that is necessary for morphological reasons. By morphological reasons should be understood everything to do with the size and limb-length of the rider. Any rider who, for these reasons, considers that he needs to use a bicycle of lesser dimensions than those given shall inform the Commissaires Panel to that effect when presenting his licence. In that case, the Panel may conduct the following test. Using a plumb line, they shall check to see whether, when pedalling, the point of the rider's knee when at its foremost position passes beyond a vertical line passing through the pedal spindle (see diagram "Measurements (2)").

3. The saddle support shall be horizontal. The length of the saddle shall be 24 cm minimum and 27.5 cm maximum.
4. The distance between the bottom bracket spindle and the ground (DA) shall be between 24cm minimum and 30cm maximum.
5. The distance between the vertical passing through the lower bracket spindle and the front wheel spindle shall be between 54 cm minimum and 65 cm maximum (1).
The distance between the vertical passing through the bottom spindle and the rear wheel spindle shall be between 35 cm minimum and 50 cm maximum.
6. The internal distance between the front fork ends shall not exceed 10.5 cm and that of the rear stays shall not exceed 13.5 cm.

Wheels of the bicycle may vary in diameter between 70 cm maximum and 55 cm minimum, including the tyre. For the cyclo-cross bicycle the width of the tyre shall not exceed 35 mm and it may not incorporate any form of spike or stud. Only wheel designs given prior approval by the UCI may be used.

- ii. Weight
 1. The weight of the bicycle cannot be less than 6.8 kilograms.

iii. Configuration

1. For road races **other than time trial races** and cyclo-cross events, the frame of the bicycle shall be of a traditional pattern, i.e. built around a main triangle. It shall be constructed of straight or tapered tubular elements (which may be round, oval, flattened, teardrop shaped or otherwise in cross-section) such that the form of each element encloses a straight line. The elements of the frame shall be laid out such that the joining points shall follow the following pattern: the top tube (1) connects the top of the head tube (2) to the top of the seat tube (4); the seat tube (from which the seat post shall extend) shall connect to the bottom bracket shell; the down tube (3) shall connect the bottom bracket shell to the bottom of the head tube. The rear triangles shall be formed by the chain stays (6), the seat stays (5) and the seat tube (4) with the seat stays anchored to the seat tube at points falling within the limits laid down for the slope of the top tube.
2. The maximum height of the elements shall be 8 cm and the minimum width 2.5 cm. The minimum width shall be reduced to 1 cm for the chain stays (6) and the seat stays (5). The minimum thickness of the elements of the front fork shall be 1cm; these may be straight or curved (7). (See diagram "Shape (I)"). The top tube may slope, provided that this element fits within a horizontal template defined by a maximum height of 16 cm and a minimum thickness of 2.5cm.
3. For individual time trials and time trials and for track races, the elements of the bicycle frame may be tubular or solid, assembled or cast in a single piece in any form (including arches, cradles, beams or any other). These elements, including the bottom bracket shell, shall fit within a template of the "triangular form" defined in article 1.3.020.

iv. Structure

1. In races other than those covered by article 1.3.023, only the traditional type of handlebars (see diagram "structure 1") may be used. The point of support for the hands must be positioned in an area defined as follows: above, by the horizontal plane of the point of support of the saddle (B); below, by the horizontal line passing through the highest point of the two wheels (these being of equal diameter) (C); at the rear by the axis of the steering tube (D) and at the front by a vertical line passing through the front wheel spindle with a 5 cm tolerance (see diagram "Structure (IA)"). The distance referred to in point (A) is not applicable to the bicycle of a rider who takes part in a sprint, keirin or Olympic sprint race, but must not exceed 10 cm in relation to the vertical line passing through the front wheel spindle.

The brake controls attached to the handlebars shall consist of two supports with levers. It must be possible to operate the brakes by pulling on the levers with the hands on the lever supports. Any extension to or reconfiguration of the supports to enable an alternative use is prohibited. A combined system of brake and gear controls is authorised.

2. For time trials and for the individual and team pursuits, kilometre and 500m time trials and record attempts on the track, a fixed element mounted in a horizontal plane may be added to the steering system. The distance between the vertical line passing through the bottom bracket axle and the extremity of the handlebar may not exceed 75 cm, with the other limits set in article 1.3.022 (B, C, D) remaining unchanged. A support for the elbows or forearms is permitted (see diagram "Structure (1 B)").

For road time trials, controls or levers fixed to the handlebar extension may extend beyond the 75 cm limit as long as they do not constitute a change of use, particularly that of providing an alternative hand position beyond the 75 cm mark.

For the track and road events covered by the first paragraph, the distance of 75 cm may be increased to 80 cm to the extent that this is required for morphological reasons; "morphological reasons" should be taken as meaning anything regarding the size or length of the rider's body parts. A rider who, for this reason, considers that he needs to make use of a distance between 75 and 80 cm must inform the Commissaires' Panel at the moment that he presents his licence. In such cases the Commissaires' Panel may carry out the following test: ensuring that the angle between the forearm and upper arm does not exceed 120° when the rider is in a racing position.

3. Any device, added or blended into the structure, that is destined to decrease, or which has the effect of decreasing, resistance to air penetration or artificially to accelerate propulsion, such as a protective screen, fuselage form of fairing or the like, shall be prohibited.

A protective screen shall be defined as a fixed component that serves as a windscreen or windbreak designed to protect another fixed element of the bicycle in order to reduce its wind resistance.

A fuselage form shall be defined as an extension or streamlining of a section. This shall be tolerated as long as the ratio between the length l and the diameter D does not exceed 3

A fairing shall be defined as the use or adaptation of a component of the bicycle in such a fashion that it encloses a moving part of the bicycle such as the wheels or the chain set. Therefore it should be possible to pass a rigid card (like a credit card) between the fixed structure and the moving part.

4. Freewheels, multiple gears and brakes are not permitted for use on the track during competition or training.
5. For the road time trial competitions and for the following track competitions, Individual and Team Pursuit, kilometre and 500m, a fixed element mounted in a horizontal plane may be added to the steering system.

v. Tyres

1. It is the competitor's responsibility to ensure that all tyres used on racing, training or spare wheels must be securely affixed to the wheel rims. Should a tyre become detached a penalty may occur. Any appeal against a penalty imposed shall only be heard by the Disciplinary Appeals Board.

55 A Junior Categories Under 17,15,13,11 and below.

For all junior categories up to and including JM17 –JW17 the following equipment restrictions will also apply for road and track competition.

1. Handlebars shall be of a standard or "Classic" style. However bolt on handlebar extensions shall be allowed for JM15, JW15, JM17 and JW17 in the individual pursuit, team pursuit and road and track time trials only. No modification of the extension shall be allowed.
2. For all events wheels must have at least 12 spokes with the sole exception that the construction of the rim shall exclude the use of composite fibres (Carbon, Kevlar, Aramid and similar fibres).
3. Only high pressure detachable tyres and tubes shall be used. A detachable type tube means the tube is detachable from the tyre casing. Such high pressure tyres shall be beaded.
4. Approved time trial style helmets may be used by categories JM17, JW17, JM15 and JW15 in the individual pursuit, team pursuit and road and track time trials only. Time trial style helmets with or without AS/NZ 2063 approval may not be used by categories JB13, JG13, JB11, JG11 or younger.

COMPETITION RULES

56- GENERAL

- a) Before the commencement of a promotion a Technical Meeting shall be held at which the Event Director, Chief Commissaire and his/her Principal Commissaires, Chairman of the Appeal Jury and all Race Officials should attend.
- b) The Chief Commissaire shall chair the meeting.
- c) The meeting shall review the event programme, confirm the availability of Race Officials, Medical Officers and discuss any matters relating to the conduct of the promotion, ensure that all Local Government and Police Policy's have been adhered.
- d) A late entry fee shall be paid plus the relevant entry fee from any competitor who states that they have been left off the programme, or desire a late entry. Fee to be refunded within fourteen (14) days if they had entered. (Late entries are not permitted for classic or handicap events.) Late entries at track opens enable a competitor to participate in all races other than handicaps.
- e) There shall be no late entries permitted for any Championship event Road or Track after 5.00pm on the closing date as listed for that event.
- f) There will be **NO** line entries permitted on the day of the Championship.
- g) The official advertised start time of any event should always be adhered to where practical. Under no circumstances may an event be started earlier than advertised start time except with consent of the Chief Commissaire/Event Director and all competitors.
- h) Competitors must at all times start from their marks as declared by the handicapper. Competitors who do not start on their allocated mark shall be disqualified.
- i) The Promoter of the an Event after consultation with Chief Commissaire and / or Management Committee, shall have the power to postpone an event should it be considered necessary. Entry fees, or expenses allowed to any competitor, shall not be returned under such circumstances.

57- JUNIOR GEARING - ROLL OUT DISTANCES

- j) Roll out distances shall not exceed the following:

Junior U/19 Men	7.930m	Junior U/13 Boys	5.500m
Junior U/19 Women	7.930m	Junior U/13 Girls	5.500m
Junior U/17 Men	6.500m	Junior U/11 Boys	5.500m
Junior U/17 Women	6.500m	Junior U/11 Girls	5.500m
Junior U/15 Men	6.000m		
Junior U/15 Women	6.000m		
- k) To restrict roll out distances mentioned above, blocking off may be permitted by the adjustment of the derailleur or other means.
- l) Junior Under 19 Male/female competitors may ride unrestricted gears when competing in CNSW sanctioned open events

ROAD

58 - ROAD RACING RULES- GENERAL

- a) Competitors and Officials must observe the local traffic laws and regulations.
- b) Competitors and Officials must observe the rules and regulations of the NSWCF.
- c) The equipment shall be:
 - 1. Starting gun/whistle/horn, bell (one), flags (red/green/white), chequered flags (two (2)) lap numbers (one set), (electronic timing device and photo finish equipment, head phones for radio communication, if and when available). Three (3) manual stop watches, with a split hand or display capability, recording in hundredths of a second, Junior Roll Out Gauge, witches hats and signage.
- d) A cycle must have two (2) efficient and independent hand brakes and handlebar and extension bar ends must be plugged.
- e) Approved helmets complying with Australian Standards (or its equivalent) must be worn in all road and Criterium events and during pre race preparation.
- f) During races, the use of radio links for communication is not permitted unless specifically authorised by the Technical Commission. Approval may be granted by the Technical commission based on the type and category of the event.
- g) The use of iPods, MP3 players etc, reading devices or sunglasses fitted with portable music players and any other type of entertainment devices including mobile phones and wireless transmitters (Bluetooth etc) shall be strictly forbidden during competition and warm up periods on the road prior to the event.
- h) Before any event commences the Event Promoter must ensure that all NSWCF, Local Councils and Police Permits are obtained.
- i) The Event Director and or the Chief Commissaire/Technical Committee, shall organise lead, following, spares vehicles and or motorcycles and ensure that all official vehicles are properly identified and fitted with appropriate signs, hazard lights, radio contact etc when practical.
- j) In all road events all competitors shall present themselves at the starting line no latter than ten (10) minutes before advertised starting time. (For Commissaires instructions etc).
- k) Race time will commence on the sound of a starting device (starting gun, whistle, horn etc.) and will cease when first competitor crosses the finishing line, with time gaps recorded for all competitors finishing thereafter.
- l) Competitors may cross the finishing line on foot provided that he/she carries or pushes their bicycle.
- m) At all road events and championships the Event organiser shall ensure that signs appear on the left hand side of the road indicating 20km 10km 5km, 3km, 1km 500metres and 200metres to go and placed at the appropriate points.
- n) Vehicles will rotate and service breakaways as per instructions from the Commissaire.
- o) In place to place or large circuit events a "sag wagon" must be provided.
- p) All drivers of official vehicles in race convoy must be a financial member of the NSWCF/ACF and hold a current drivers license. All drivers of official vehicles will be responsible for any traffic offences incurred by them.
- q) Only those vehicles authorised by the Chief Commissaire shall be part of the race convoy. (If any unauthorised vehicle can be identified with a competitor or team that competitor or team may be penalised). The Chief Commissaire shall designate the order of the convoy.
- r) No official vehicle will over take a Commissaire's vehicle unless authorised by that Commissaire.
- s) Unless authorised by the Commissaire no vehicle may over take competitors in the last five (5) kilometres of an event.
- t) A competitor who holds on to or receives pace from a moving vehicle or receives any other outside assistance may be disqualified.
- u) In circuit races, lapped competitor(s) may be withdrawn when they are too far behind to affect the result. When such competitors are permitted to continue, they must not assist or interfere with any other competitor and shall not give pace to the competitors who have lapped them.
- v) In all stage races a competitor must finish each stage in order to start in the following stage.
- w) In all stage races in the case of a duly noted fall, puncture or mechanical incident, within the last 3 kilometre's, the competitor/s involved shall be credited with the time of the competitor/s in whose company they were riding at the moment of the incident. His/her placing shall be determined by the order in which he/her actually crossed the finish line.
- x) If, as a result of a fall within the 3 kilometres, a competitor, cannot cross the finish line he/she shall be placed last in the stage, but, credited with the time of the competitor/s in whose company he/she was riding at the time of the incident.
- y) In out and back races, a competitor not going to the turning point must withdraw.
- z) A competitor who rides or acts in a manner considered to be dangerous or detrimental to other competitors or the public may be penalised
- aa) A competitor who pushes or pulls another competitor, or interferes with the progress of another competitor, may be penalised including the risk of disqualification.

- bb) Should there be a dead heat for first place in an event the competitors (or team) involved will be joint winners. The following competitors or teams shall be placed third and thereon.
- cc) If in the opinion of the Commissaire two (2) or more competitors conspire to “arrange” a dead heat, those competitors may be penalised.
- dd) Sportsmanship is permitted between competitors. Therefore, the exchange of food, drink and small repair kit items, waiting for a competitor who has been left behind or who has had an accident is permitted.
- ee) Riders, even of the same club, must not exchange a bike or wheel between themselves during the course of an event.
- ff) During a road sprint it shall be forbidden to interfere with the progress of another rider. Riders must ride a parallel course to the shoulder/edge of the road surface. Failure to do so may incur a penalty.
- gg) It shall be an offence to leave the sealed portion of the carriageway to gain an advantage. A rider who leaves the road surface must cease to sprint.
- hh) Food or drink may be carried either in the competitor’s pockets or in metal or plastic bidons. Glassware of any kind must not be used to carry food or drink or be used to pass on to a competitor at control areas.
- ii) Food or drink must not be accepted from a moving vehicle unless authorised by the Commissaire.
- jj) Feeding with food and drink is permitted at the fixed station fitted for this purpose along the route. This station, as well as the time and or distance from which feeding is permitted, shall be specifically determined by the Chief Commissaire. There shall be no feeding before 50 kilometres or in the last 20 kilometres or on a descent. Feeding is not permitted for events of less than 100 km unless the Chief Commissaire deems exceptional circumstances.
- kk) A competitor, who accepts food or drink from a person outside the specified period or the feeding control area, may be disqualified.
- ll) The servicing of breakdowns and the changing of bicycles or tyres are also permitted by the personnel of the authorised vehicles, as well as at the pits officially fitted out for this purpose. All service to be on the left hand side of the road at the rear of that group of competitors and no service is permitted from a moving vehicle.
- mm) The Chief Commissaire may withdraw competitors from the event that have dropped too far behind to affect the result of the race.
- nn) At all open events the event prize list shall be either listed on the event program or provided to each competitor prior to the start
- oo) At all road events a copy of the police conditions shall be either on the event program or handed to the competitor and the competitor shall sign a start sheet in recognition that they have read, fully understand and abide by those conditions.
- pp) Competitors and all race convoy vehicles shall at all times refrain from discarding food, wrappings, food packs, drink containers (bidons), clothing etc. at any time during an event.
- qq) Competitors are reminded that it is unlawful and an offence against public decency to urinate in public places. Failure to respect these laws may result in monetary and/or time penalties.

59 - INDIVIDUAL ROAD TIME TRIAL RULES -GENERAL

- a) 1 minute time gaps between competitors. The Chief Commissaire may sanction variations.
- b) All competitors’ times shall be recorded from their allocated official start time. (Scratchings shall not alter this procedure).
- c) A competitor must be held by a Designated Attendant and released on the starting signal, they must not be pushed.
- d) In the case of a competitor starting before the signal a 10 second penalty shall be applied to the competitor’s time.
- e) **Starting procedure.** The bicycle shall be placed in the correct starting position. Thirty seconds before the competitors official starting time the Starter will start the count down 30, 20, 10, 5, 4, 3, 2, 1, Go (on 0).
- f) When using three (3) hand held watches the time of the middle watch shall be the official time and if two (2) record the same time that time will be recorded as the official time.
- g) A late starter may not commence from a flying start and cannot start within ten (10) seconds of another competitor. The late starter’s time commences from his/her original start signal.
- h) For a recognised mishap in the first 100 metres, a restart may be granted, with the competitor starting after the last competitor. No restart shall be permitted after the first 100 metres and only one restart shall be permitted.
- i) No cars, other than official cars, are permitted to follow any competitor, unless authorised by the Chief Commissaire.
- j) A competitor who holds on to or receives pace from a moving vehicle or receives any other outside assistance may be disqualified.
- k) In no case may a competitor take pace from another competitor, always remaining at least 25 metres behind until ready to pass.
- l) An overtaking competitor shall pass on the right hand side, leaving at least 2 metres between him/her and the other competitor. The overtaken competitor must not impede the progress of the other overtaking competitor, an overtaken rider shall yield when directed by the commissaire
- m) Time Penalty Chart (refer annexure 2)
- n) Competitors shall carry their own food and drink requirements. Outside feeding from persons on the course or from the team support is forbidden.

- o) Actual turning point of out and back Time Trials shall be allocated at the direction of the Chief Commissaire or his/her delegated official (as dictated by safety).
- p) When a circuit is used for the Individual Road Time Trial Championships and where a division covers more than one circuit, the field shall compete in “waves” to avoid the possibility of competitors catching other competitors and drafting.
- q) A time gap shall be applied at the end of each “wave” to allow the last departed rider to ride one or two (2) laps.
- r) The number of “waves” shall be decided by the Chief Commissaire who shall take into account the distance of each circuit and the numbers of competitors in each division.
- s) If a time trial is stage of a tour a competitor who suffers an accident or mechanical problem and is unable to finish that stage he/she shall be credited with the time of the slowest competitor.

60 - CRITERIUM - GENERAL

- a) A criterium is a road race and should be held on a closed circuit not less than 800 metres and not more than 3 kilometres (unless approved by the Chief Commissaire).
- b) The Chief Commissaire may remove a competitor who has been lapped by the field or who falls so far behind as to be considered out of contention, from the race.
- c) Competitors may only give assistance to another competitor/s if they have covered the same distance.
- d) In the event of a two (2) or more competitors lapping the field, a sprint for the minor placings shall take place before three (3) laps to go and the lapped competitors must then vacate the circuit to allow the leading competitors to contest the finish unimpeded.
- e) When a recognised mishap, puncture, fall or mechanical failure occurs the competitors involved may be entitled to one or more neutral lap/s (according to the length of the circuit) as determined by the Commissaire (before the start of the event) in which to resume their position in the race. A competitor who is granted a neutral lap shall return to the race at the same position or at the rear of the group he/she was with when the mishap occurred. Competitors who have been allowed a neutral lap/s shall not be penalised in the final classification. No neutral lap/s shall be permitted after approximately five (5) kilometres to travel to the finish. A competitor who is not allowed a neutral lap/s must make up any lost ground.
- f) Repair pits shall be placed evenly around the circuit and each one is to be manned by neutral spares. A Commissaire shall be placed in each pit area to determine if the mishap was a legitimate one and if the competitor is entitled to a neutralisation of one or two (2) laps to be determined by the commissaire according to the length of the circuit. After neutralisation the competitor shall resume the event in group that he came out of but shall not earn any points in the following prime sprint, if any. The Commissaire must keep a record of all competitors who are granted neutral lap/s and submit a written report to the Chief Commissaire at the end of the event.
- g) When criteriums are held as a stage of a tour, the stage time will be recorded as the first competitor crosses the finishing line and the event will cease. All competitors will have their time deducted accordingly with lapped competitors being deducted for each lap lost as per average lap time. Should a Commissaire in the interest of safety eliminate competitors with three (3) laps to go these laps will not be deducted.

60 a - ELIGIBILITY OF COMPETITORS

All Cycling NSW individual championships are open to affiliated financial members of Cycling Australia. Invitations may be extended to International competitor on application to Cycling NSW. In the Junior Categories 9-11-13-15 and 17 only the first 3 NSWCF competitors in each championship shall receive a medal.

CHAMPIONSHIPS

61 - Metropolitan and Country - Road

- a) To compete in a Metropolitan Road Championship the competitor must be an affiliated member of the Australian Cycling Federation through an affiliated New South Wales Cycling Federation Metropolitan club. Likewise to compete in a Country Road Championship the competitor must be an affiliated member of the Australian Cycling Federation through an affiliated New South Wales Country Club.
- b) A member of another Federation may be invited to compete by the Technical Commission.
- c) A minimum of three (3) starters or teams for each championship category is necessary before a championship can be conducted. All competitors will adhere to Road Racing Rules-General of the NSWCF. (Refer reg. 58).
- d) The Metropolitan Road Championship will be held at a venue to be determined and be officiated by Metropolitan Officials.
- e) The Country Road Championship will be held at a venue to be determined and be officiated by Division Officials on a rotation basis.
- f) Distances
- | Category | Distance | Category | Distance |
|---|-----------|-------------|----------|
| Elite Men | 80-100kms | Elite Women | 40-60kms |
| U/19 Men | 60-80kms | U/19 Women | 30-50kms |
| U/17 Men | 30-40kms | U/17 Women | 20-30kms |
| U/15 Men | 5-20kms | U/15 Women | 10-15kms |
| U/13 Boys | 10-12kms | U/13 Girls | 8-10kms |
| U/11 | 4 - 6kms | | |
| U/9 | 3 - 4 kms | | |
| Masters 2 | 60-80kms | Masters 3 | 60-80kms |
| Masters 4 | 40-60kms | Masters 5 | 40-60kms |
| Masters 6 | 30-50kms | Masters 7 | 30-50kms |
| Masters 8 | 20-40kms | Masters 9 | 20-30kms |
| Masters Women All Categories 30-50kms (subject to course terrain and number of starters). | | | |
- g) All distances may vary according to the demands of course configuration and number of competitors.
- h) All U/9 & U/11 all events must be conducted on closed roads or where this is not practicable under safe conditions.
- i) There must be a minimum of 3 riders per category for the event to be recognised as a championship event. Categories may be combined with the prior approval of the Technical Commission in order to run a combined championship event. Where numbers are low or other constraints or restrictions may apply the organiser and/or officials in charge of the event may opt to combine categories awarding separate medals for each category where numbers meet the criteria above.

62 - NSW – INDIVIDUAL ROAD RACE CHAMPIONSHIP - MASSED START (Special Conditions)

- a) The NSWCF Road Championships shall consist of the following events

Category	Distance	Category	Distance
Elite Men	175-220 kms.	Women	75-100 kms
U23 Men	140-170 kms		
U19 Men	100-120 kms	U19 Women	50-60 kms
U17 Men	60-70 kms	U17 Women	35-45 kms
U15 Men	30-35 kms	U15 Women	20-25 kms
U13 Boys	10-12 kms	U13 Girls	8-10 kms
U11 Boys/Girls	4-6 kms	U9 Boys/Girls	3-4 kms
Masters 2	90-100 kms	Masters 3	90-100 kms
Masters 4	70-80 kms	Masters 5	70-80 kms
Masters 6	50-60 kms	Masters 7	50-60 kms
Masters 8	25-40 kms	Masters 9	25-40 kms
Masters Women All Categories 30-60kms			

- b) All distances may vary according to the demands of course configuration and the number of competitors.
- c) The NSW Road Championships are open to all affiliated members of the Australian Cycling Federation and other National Federation members invited by the NSWCF Management Committee.(see Reg. 60a)

- d) A minimum of three (3) competitors for each championship category is necessary before a championship can be conducted.
- e) In the Elite Men and Women, and Junior U19 Men and Women, the following conditions shall apply.
- f) When a brake away occurs (even one rider) a spare's van must take up a position behind the brake away.
- g) When a second brake away occurs, another spare's van shall follow that brake away.
- h) The third spare's van must remain with the main group of riders, even should a third brake away happen.
- i) When a rider has a recognised mishap, puncture, fall, or mechanical failure, he may use one of the bikes/wheels carried by the spares van until his own bike is repaired or is able to obtain a spare bike/wheel of his at the designated spare's area.
- j) When a change of bike is required a spare bike must not be equipped with any food or drink containers, the rider shall be permitted to transfer any food/drink container from his own bike to the spare bike.
- k) Under no circumstances may a rider profit by a change of bike; all changes shall be affected from the rear of the bunch and or brake away.
- l) Riders even of the same club must not exchange a bike or wheel between themselves during the course of the championship.
- m) Team spirit may be allowed; members of the same team or club may exchange food drink and minor repair items. Riders may wait for a fellow club mate who has dropped behind or has had an accident and may help him with the repairs, mutual aid is only permitted among riders of the same club or team, Pushing is forbidden
- n) All competitors will adhere to the Road Racing Rules-General rules of the NSWCF. (As shown reg. 58)

63 - NSW – INDIVIDUAL ROAD TIME TRIAL CHAMPIONSHIP.

- a) Approximate Event Distances:

Category	Distance	Category	Distance
Elite Men	40-50 kms	Elite Women	25-30 kms
U23 Men	30-40 kms		
U19 Men	20-25 kms	U19 Women	10-15 kms
U17 Men	10-15 kms	U17 Women	8-10 kms
U15 Men	8-10 kms	U15 Women	5-8 kms
U13 Boys	4-6 kms	U13 Girls	4-6 kms
U11 Boys/Girls	3-4 kms	U9 Boys/Girls	2 kms
Masters 2	25-30 kms	Masters 3	25-30 kms
Masters 4	15-20 kms	Masters 5	15-20 kms
Masters 6	10-15 kms	Masters 7	10-15 kms
Masters 8	8-10 kms	Masters 9	8-10 kms
Masters Women 2/5	10-15 kms.	Masters Women 6+	8-10 kms.

The distances may vary according to the demands of course configurations.

- b) The NSW Championships Road Individual Time Trial are open to all affiliated members of the Australian Cycling Federation or other National Federation members invited by the NSWCF Management Committee.
- c) A minimum of three (3) starters for each championship category is necessary before a championship can be conducted.
- d) All competitors will adhere to the general rules of the NSWCF. (As shown reg. 59).
- e) The handicapper taking into consideration the previous years championship results shall decide the starting order.
- f) At the start, one minute time gaps will apply for all competitors in the men, women, veteran, junior U19 men and women and junior U17 men and a thirty second time gap may apply to all other age categories. With the chief commissaries approval.

64 - NSW – CLUB ROAD TEAMS TIME TRIAL CHAMPIONSHIP.

Clubs may enter Masters teams in the following Championship Divisions:

1. Men's Masters All Ages Division (no age restrictions)
2. Men's Masters 150 years+ Division (minimum cumulative age of the *three youngest* Masters riders is 150 years)

a) Related provisions

1. A rider may only ride for one team per Championship
 - a. (can't ride in more than one age Division)
2. A rider may be nominated for more than one team, but cannot ride for more than one team.
3. Each rider must be of a minimum Master category age as stipulated by the National Federation from time to time.
4. Approximate event distances:

Category	Distance	Category	Distance
Elite Men	80 kms	Masters All Age Division	40 kms
Elite Women	40 kms	Masters 150 plus	40 kms
U19 Men	40 kms	Masters Women	40 kms
U17 Men	20 kms		
5. The NSW Championships Road Teams Time Trial is open to all affiliated clubs of the NSWCF.
6. A minimum of three (3) Teams for each Championship category is necessary before a championship can be conducted.
7. Each club may nominate one (1) or more teams for each Championship.
8. When no team event is listed for the U/15, U17, U/19 women, subject to Cycling NSW Management Committee sanction they may compete with the men in the same category.
9. Should a club have difficulty in entering a team, they can on application and subsequently being sanctioned by Cycling NSW Management Committee be permitted to nominate a second year U/15, U/17, U/19 member to compete one division above their category for that event with that member being entitled to ride the gear restrictions applicable to that higher category for that event. (This rule is in the spirit of the sport and must not be abused).
10. To be eligible to compete in the CNSW Club Teams Time Trial Championship each rider shall be an affiliated financial member of the club they represent and have not competed in any OPEN or CHAMPIONSHIP event for another club during the current road season (1st April to 30th September).
11. Members must be financial with their competing club/Cycling New South Wales two calendar months before the event, and must produce their Race License at the event. **(Receipts of membership application will not be accepted).**
12. Up to six (6) names may be nominated with each team entry from which a maximum of four (4) will start in that team on the day. (Names may be nominated for more than one team for the club they compete. A rider may only compete for one category and one team per championship series).
13. Competitors and Officials must observe the local traffic laws and regulations.
14. At the start, a four (4) minute time gap will separate the men's category and two (2) minutes for all other categories.
15. Members of each team shall line up abreast at the start.
16. Competitors must be held by designated attendants and released on the starting signal, they must not be pushed.
17. The handicapper taking into consideration the previous years championship results shall decide the starting order. Teams shall start in the reverse order to that in which they were placed the previous year. The winning team shall start last, the second team shall start (2nd) second last etc.
18. Starting procedure. The bicycles shall be placed in the correct starting position. Thirty(30) seconds before the competitors official starting time the starter will start the countdown 30, 20, 10, 5, 4, 3, 2, 1, Go (on 0).
19. When using three (3) hand held watches the time of the middle watch shall be the official time and if two (2) record the same time that time will be recorded as the official time.
20. Stopwatches shall be commenced on the starting signal and stopped as the front of the front wheel of the third member of each team crosses the finish line.
21. A late Team or Starter may not commence from a flying start and cannot start within ten (10) seconds of another Team. The late Starter's Team time commences from their original start signal.
22. Members of the same team may exchange food, drink, bicycles and or equipment, or members may wait for a team member who has had an accident or dropped behind. Team members cannot push or tow each other.
23. Competitors shall carry their own food and drink requirements. Outside feeding from Persons on the course or from the team support is forbidden at the risk of disqualification.
24. A team overtaking another shall pass on the right side, leaving at least two (2) metres between it and the other team. The overtaken team must not impede the progress of the overtaking team.
25. In no case may a team take pace behind another team, remaining at least twenty five (25) metres behind until ready to overtake.
26. A competitor who has been dropped by his/her team cannot rejoin it by waiting for its arrival on the next leg or assist in any way another team.
27. Actual turning point of out and back Time Trials shall be allocated at the direction of the Chief Commissaire or a delegated official (as dictated by safety).
28. Megaphones or loud hailers may be used. It is recommended that each Team has the support of a following vehicle (Car or Light Commercial vehicle only).

b) A Team's Support Vehicle:

1. must be a legally registered vehicle.
2. may be occupied by a maximum of three (3) persons, minimum age 18 years . Each person must be a current Financially Affiliated Member of Cycling Australia. The Driver must be in possession of a current drivers licence.
3. must be fitted with a Roof Mounted Flashing Yellow Light in good working order.
4. must be fitted with a securely rear mounted sign "CAUTION RACE IN PROGRESS". 120 mm High Black letters on Yellow or Orange background. The sign must be clearly visible from a minimum distance of 50 metres.
5. occupants, especially the driver, are under the control of the Chief Commissaire and must take directions from him or his assistant Commissaires as indicated.
6. must obey all directions given by NSW Police and be driven according to the NSW Traffic Regulations may not draw level with a team and it must remain at least 20 metres behind the team or third member thereof, should he/she have lagged behind. At no time is any team member permitted to take pace from the support vehicle. The following support vehicle of a team that is about to be caught shall, as soon as the distance between the two (2) teams drops below fifty (50) metres, fall back behind the support vehicle of the other team. Provision must be made in the front seat of each vehicle for the attendance of a Commissaire if one is allocated to the vehicle.

65 - NSW - ROAD-CRITERIUM CHAMPIONSHIP.

a) Duration and Approximate Distances:

Category	Distance	Category	Distance
Elite Men	45-60 mins. + 3 laps	Elite Women	30 mins. + 3 laps
U23 Men	40-50 mins. + 3 laps.		
U19 Men	30 mins. + 3 laps	U19 Women	30 mins. + 3 laps
U17 Men	30 mins. + 3 laps	U17 Women	20 mins. + 3 laps
U15 Men	20 mins. + 3 laps	U15 Women	15 mins. + 3 laps
U13 Boys	15 mins. + 3 laps	U13 Girls	15 mins. + 3 laps
U11 Boys/Girls	Maximum 4 km	U9 Boys/Girls	3 km
Masters 2 & 3	45 mins. + 3 laps		
Masters 4 & 5	30 mins. + 3 laps		
Masters 6 +	30 mins. + 3 laps		
Masters Women All Divisions	30 mins. + 3 laps		

- b) The NSW Road - Criterium Championships are open to all affiliated members of the Australian Cycling Federation or other National Federation members invited by the NSWCF Management Committee. (see Reg 60a)
- c) A minimum of three (3) starters for each Championship category is necessary before a Championship can be conducted.
- d) All competitors will adhere to the general rules of the NSWCF. (As shown reg. No. 60).
- e) The number of entrants in a Criterium Championship may be limited, or heats may be required at the discretion of the Chief Commissaire.

65a - NSW – INDIVIDUAL ROAD HILL CLIMB CHAMPIONSHIP.

Category

Distance

Elite Men/Elite Women	To be determined by the Tech Commission on the assessment of the difficulty and the availability of the course proposed.
U23 Men	
U19 Men/U19 Women	

- a) 1 minute time gaps between competitors. The Chief Commissaire may sanction variations.
- b) All competitors' times shall be recorded from their allocated official start time. (Scratchings shall not alter this procedure).
- c) A competitor must be held by a Designated Attendant and released on the starting signal. They must not be pushed.
- d) In the case of a competitor starting before the signal a 10 second penalty shall be applied to the competitor's time.
- e) Starting procedure. The bicycle shall be placed in the correct starting position. Thirty seconds before the competitors official starting time the Starter will start the count down 30, 20, 10, 5, 4, 3, 2, 1, Go (on 0).
- f) When using three (3) hand held watches the time of the middle watch shall be the official time and if two (2) record the same time that time will be recorded as the official time.
- g) A late starter may not commence from a flying start and cannot start within ten (10) seconds of another competitor. The late starter's time commences from his/her original start signal.
- h) For a recognised mishap in the first 100 metres, a restart may be granted, with the competitor starting after the last competitor. No restart shall be permitted after the first 100 metres and only one restart shall be permitted.
- i) No cars, other than official cars, are permitted to follow any competitor, unless authorised by the Chief Commissaire.
- j) A competitor who holds on to or receives pace from a moving vehicle or receives any other outside assistance may be disqualified.
- k) In no case may a competitor take pace from another competitor, always remaining at least 25 metres behind until ready to pass.
- l) An overtaking competitor shall pass on the right hand side, leaving at least 2 metres between him/her and the other competitor. The overtaken competitor must not impede the progress of the other overtaking competitor, an overtaken rider shall yield when directed by the Commissaire
- m) Time Penalty Chart (refer annexure 2)
- n) Competitors shall carry their own food and drink requirements. Outside feeding from persons on the course or from the team support is forbidden.

TRACK REGULATIONS

66 - TRACK MARKINGS AND EQUIPMENT – GENERAL COMPETITION

- a) Track markings shall be:
1. A black line, 4 cm wide known as the 'measuring line' to be marked at a constant distance of 20cm from the inside edge of the track. This line shall be marked every five metres and numbered every ten metres.
 2. A red line, 4 cm wide, known as the 'sprinter's line' to be marked at a constant distance 90 cm from the inside edge of the track, including the width of the line.
 3. A blue line, 4 cm wide, known as the 'stayer's or safety line' to be marked approximately one third of the track width from the inside edge of the track.
 4. A blue band at least 60 cm wide to be marked on the inside edge of the track.
 5. A white line, 4 cm wide will be marked across the track, exactly 200 metres from the "Finish" line.
 6. The finish line is defined as a 4 cm black line with a 34 cm white band on either side, 72cm in total and extends to a vertical plane on the safety fence for a minimum height of 80 cm.
 7. Commencing point for Pursuit and Time Trials must be clearly marked. The finishing line for Pursuit events shall be a 4 cm wide red line marked across half the width of the track in the centre of each straight, exactly opposite to each other.
 8. Other colours may be used where track surfaces do not assist distinctive markings. Non-skid paints must be used.
- b) The equipment shall be:
1. Starting gun/whistle/horn, bells (two (2)), flags (red/green), lap numbers (two (2) sets), foam strips and if available pursuit indicator lights, electronic timing device and photo finish equipment, head phones for radio communication, (for the Chief Commissaires, principal commissaires and approved commissaires.), and six manual stop watches, with a split hand or display capability, recording in hundredths of a second,
 2. For all official track record attempts, time trials and individual or team pursuits, the "blue band" must be made impracticable to ride on in the bends, by placing foam rubber strips (50 cm long, 8 cm square) every five metres, 20 cm below the measuring line.
 3. The finish shall be judged from the tip of the front wheel at the point of the tangent with a vertical plane extended above the finishing line.
- c) Timing
1. An electronic timing device shall be used, when available, such device being supported by manual timekeepers for each event. The electronic timing device will be tested by the operator in the presence of the Chief Commissaire and at least three (3) timekeepers prior to the commencement of the Series. Times must be recorded in hundredths of a second and in the event of a dead heat and when an electronic timing device is fitted with calibration of thousandths of a second, this unit shall be used to break the dead heat.
- d) Should at any time there be a failure of electronic timing equipment all competitors' times will be recorded as per the hand held watches.

67 - TRACK RACING RULES- GENERAL COMPETITION

- a) The Event Promoter shall ensure all council permits, medical attendants etc, are in place at all track promotions.
- b) At all open track promotions the event prize list shall be either listed on the event program or provided to the competitor prior to the event.
- c) Approved helmets complying with Australian Standards (or its equivalent) must be worn at all times in warm up, competition and training etc.
- d) At all cycling tracks where pedestrian traffic is allowed to cross the track an official must be placed at the entrance/exit at all times during warm-up and competition to administer / restrict this operation.
- e) No form of transmitting or receiving device may be fitted on or under the helmet or carried.
- f) "Quick Release" hubs, excessive long axles or any attachment likely to endanger the safety of competitors shall not be fitted to any competition machine in massed start or sprint events.
- g) Handlebar and extension bar ends must be plugged.
- h) A competitor overtaking another competitor must pass on the outside, unless the overtaken competitor is manifestly riding wide and the competitor must be a clear machine length in front before taking ground.
- i) A competitor, who rides or acts in a manner considered to be dangerous to other competitors or the public, may be penalised.
- j) A competitor who pushes or pulls another competitor may be penalised.
- k) A recognised mishap shall include a puncture, a fall, breaking of a frame and/or any of its accessories, but it shall not include insufficient tightening of a wheel, a chain, handlebars, saddle, toe straps, or any other accessory. The Chief Commissaire will decide what constitutes a recognised mishap.

- l) Competitors may take a spare pair of wheels and necessary tools with them to the starting line, in case of mechanical mishap. In championships events the above is compulsory.
- m) At the start of a race, the front wheel shall be placed on the starting line as directed by the starting official. The competitor's attendant must not overlap the starting line.
- n) The start of an event shall be affected by a single pistol shot or whistle blast. A false start or stoppage of an event shall be signalled by repeated pistol shots or whistle blasts. A competitor who causes a false start may be penalised.
- o) When a competitor's machine is damaged or has suffered a mechanical mishap, the competitor may run with or carry the machine but must not interfere with other competitors.
- p) On the commencement of the sprint proper all competitors must maintain a straight course with the measuring line. The Chief Commissaire will decide whether any infringement of this rule has affected the true and proper result.
- q) Competitors shall refrain from any collusion, manoeuvre or movement likely to hinder or distort the result of an event.
- r) A competitor who rides on or below the blue band on the inner edge of the track in order to gain an advantage may be penalised.
- s) Any offence not specifically penalised and any unsporting behaviour shall be punished by a warning INDICATED BY A YELLOW FLAG or by disqualification from the race INDICATED BY A RED FLAG according to the gravity of the fault notwithstanding the fine provided for in the scale of penalties.
- t) The wearing of dark tinted eye glasses by competitors shall not be permitted on velodromes during competition and training under the following conditions:
 - Indoor velodromes, at all times.
 - Outdoor velodromes, after sunset or when velodrome lights are on

This regulation does not effect the wearing of eye glasses for protective reasons, ie with clear or coloured light enhancing lenses

A competitor receives only one (1) warning before disqualification. On each occasion the Commissaire shall indicate at the same time the race number of the competitor concerned. The warning and disqualification are relative to the one specific competition event only.

68 TRACK CHAMPIONSHIP SIZES AND FIELDS

- a) The events should be held on tracks of not less than 250 metres or more than 400 metres for one lap. The racing surface can be concrete, bitumen or wood and must be in first class condition.
- b) The maximum number of riders on the track shall in no case exceed:
 - 20 (15 teams for a madison) on a 200 metre track.
 - 24 (18 teams for a madison) on a 250 metre track.
 - 30 (20 teams for a madison) on a 333-33 metre track or more

69- Metropolitan and Country Track Championships

- a) To compete in a Metropolitan Track Championship the competitor must be an affiliated member of the Australian Cycling Federation through an affiliated New South Wales Cycling Federation Metropolitan club. Likewise to compete in a Country Track Championship the competitor must be an affiliated member of the Australian Cycling Federation through an affiliated New South Wales Country Club.
- b) Teams from another Federation may be invited to compete by the Technical Commission.
- c) A minimum of three (3) starters or teams for each championship category is necessary before a championship can be conducted.
- d) The Metropolitan Track Championship will be held at a venue to be determined and be officiated by Metropolitan officials.
- e) The Country Track Championship will be held at a venue to be determined and be officiated by division officials on a rotation basis.

f) Categories	Events	Distance
Elite Men	Derby,	4000M Ind. Pursuit, 20km Point Score
Elite Women	Derby,	3000M Ind. Pursuit, 5km Scratch Race
U19/M	Derby, 3000M Ind. Pursuit,	10km Point Score
U19/W	Derby, 2000M Ind. Pursuit,	5km Scratch Race
U/17M	Derby, Time Trial Max. 500m,	5km Scratch Race
U/17W	Derby, Time Trial Max. 500m,	3km Scratch Race
U/15M	Derby, Time Trial Max. 500m,	3km Scratch Race
U/15W	Derby, Time Trial Max. 500m,	3km Scratch Race

U/13M	Derby, Time Trial Max. 500m,	2km Scratch Race
U/13W	Derby, Time Trial Max. 500m,	2km Scratch Race
U/11	Derby, 1 Lap Time Trial,	3 Lap Scratch Race
U/9	Derby, 1 Lap Time Trial,	2 Lap Scratch Race
Masters	Derby, 500M Time Trial,	5km Scratch Race

Note: All Derby's to be 2-3 laps depending on track size. All pursuit, scratch and point score race distances to be to the closest lap, depending on the track size.

- g) A Gold, Silver & Bronze medallion to be presented to each membership category based on a points basis where each of the disciplines that make up a Metropolitan and/or Country championship will be awarded 5 points for a win, 3 points for a second, 2 Points for a third and 1 point for a fourth placing in each event. The three medallists will be determined by adding the points earned for each event with the three highest point earners being awarded the medallions.
- h) There must be a minimum of 3 riders per category for the event to be recognised as a championship event. Categories may be combined with the prior approval of the Technical Commission in order to run a combined championship event. Where numbers are low or other constraints or restrictions may apply the organiser and/or officials in charge of the event may opt to combine categories awarding separate medals for each category where numbers meet the criteria under "g" above

70 – N.S.W. TRACK CHAMPIONSHIPS EVENTS.

Categories	Events
Elite Men,	TimeTrial, Sprint, Individual Pursuit, Scratch Race, Keiren, Points Race Teams Pursuit, Teams Sprint, Madison , Omnium.
Elite Women	TimeTrial, Sprint, Individual Pursuit, Scratch Race, Keiren, Points Race, Teams Pursuit, Teams Sprint, Omnium.
Junior U/19 Men	TimeTrial, Sprint, Individual Pursuit, Scratch Race, Keiren, Points Race Teams Pursuit, Teams Sprint, Madison, Omnium
Junior U/19 Women	TimeTrial, Sprint, Individual Pursuit, Scratch Race, Keiren, Points Race, Teams Pursuit, Teams Sprint, Omnium
Junior U/17 Men	TimeTrial, Sprint, Individual Pursuit, Scratch Race, Teams Pursuit .
Junior U/17 Women	TimeTrial, Sprint, Individual Pursuit, Scratch Race, Teams Pursuit .
Junior U/15 Men	TimeTrial, Sprint, Individual Pursuit, Scratch Race
Junior U/15 Women	TimeTrial, Sprint, Individual Pursuit, Scratch Race
Junior U13 Boys / Girls	TimeTrial, Scratch Race, Derby
Junior U/11	TimeTrial, Scratch Race, Derby
Junior U/9	TimeTrial, Scratch Race, Derby
Masters Men 2,3,4,5	TimeTrial, Sprint, Individual Pursuit, Scratch Race, Teams Pursuit.
Masters Men 6,7,8,+	TimeTrial, Derby, Individual Pursuit, Scratch Race, Teams Pursuit .
Masters Women2 and 3	TimeTrial, Sprint, Individual Pursuit, Scratch Race, Teams Pursuit .
Masters Women 4,5,6,7,8,+	TimeTrial, Derby, Individual Pursuit, Scratch Race, Teams Pursuit .

- a) Minimum of three (3) starters or teams for each championship category are necessary before a championship can be conducted.

71 – NSW SPRINT CHAMPIONSHIP

Categories

Elite Men
Elite Women
Junior U/19 Men
Junior U/19 Women
Junior U/17 Men

Categories

Junior U/17 Women
Junior U/15 Men
Junior U/15 Women
Masters Divisions 2, 3, 4 and 5
Masters Women 2 and 3

All events shall be run over three (3) complete laps of the track. On tracks of 333.33 metres or less or over two (2) laps of tracks exceeding 333.33 metres.

a) QUALIFYING ROUND

1. The qualifying round will be a race in which all riders complete a flying 200m time trial.
2. The blue band on the inner edge of the track from the 200 metre line shall be rendered impracticable to ride in the bends by placing pads of synthetic material 50cm long and 8cm Square positioned at 5 metre intervals, 20cm below the measuring line after the 200 metre start line.
3. The starting order for the qualifying round shall be determined according to the principle that competitors will start in the reverse order of their placing the previous year. The starting order for other competitors shall be determined by the handicapper.
4. From the qualifying rounds the fastest sixteen (16) will be seeded on times and move to round 1.
5. Should there be less than sixteen (16) starters the fastest eight (8) will move straight through to the quarter-finals. The remaining will ride off for the 9th onward placing with a maximum of four (4) in heat.
6. Should there be less than eight (8) starters the fastest four (4) will move straight through to the semi-finals and the remainder will ride off for 5th onwards placing.
7. A starting area shall be provided so that the next competitor waiting to ride may start his run up as soon as the previous rider has crossed the 200m line. The riders shall build up speed over a distance depending on the track size:

~250m track	3.5 laps
~285.714m track	3 laps
~333.33m track	2.5 laps
~400m plus track	2 laps
8. In the event of a mishap, the rider shall take a new start. Only one new start will be permitted.
9. Competitors in a restart situation shall restart after the next two (2) competitors. Exception may be made due to an injury or illness for which a medical report may be required (and any replacement shall be seeded last)
10. In case of a dead heat in the qualifying round riders concerned will be classified by drawing of lots.
11. A sprint bike shall be used as per the Bicycle Regulations.

b) SPRINT ROUNDS STARTING PROCEDURES

1. The composition of each heat shall be in accordance with the Sprint Draw Schedule as listed in the Annex
2. Should a competitor not appear at the starting line his/her opponent shall be declared the winner of that heat and that competitor need not cover the distance.
3. The position of the competitors on the track at the start shall be determined by drawing lots supervised by the Clerk of the Course.
4. The rider drawing position one (1) shall start on the inside part of the track.
5. The start shall be signalled by a whistle.
6. Once a start has been given and adjudged valid by the Starter the race shall not be stopped without a valid reason.
7. The rider on the inside of the track unless overtaken shall lead until reaching the pursuit line on the opposite side of the track. A maximum of two standstills shall be permitted for each race. The maximum period of a stand still time shall be 30 seconds following which the leading rider shall be directed by the starter to continue. If he fails to do so the starter shall stop the race and declare the other rider the winner of the heat. In a three or four up race the race shall be immediately re-run without the disqualified rider.

c) RACE STOPPAGES

1. The insufficient tightening of a component (wheel, handle bars, toe straps, etc) cannot be considered a valid reason for stopping a race. However, in the case of an accident deemed to be valid, the Commissaires shall decide whether to allow a new start or whether to consider the result as having been established.

2. If a fall is deemed to be intentionally caused by a competitor that competitor shall be relegated or disqualified from the tournament according to gravity of the infringement committed and the other competitor shall be declared the winner.
3. In three or four up heats the race shall be immediately restarted with the remaining two or three riders.
4. Should the fall have been caused by a competitor riding too slowly in a curve or any other unintentional fault the race shall be restarted and the offending rider shall take the inside of the track.
5. If the fall is not caused by a competitor committing an infringement the commissaries shall decide whether the race is to be restarted with the riders in the same order or whether the positions at the time of the fall should be considered final.
6. In the case of a puncture or the case of the breakage of an essential part of the bicycle the Commissaires shall decide whether the riders start in the same order or whether the positions at the time of the incident should be considered final.
7. If a rider loses his / her balance falls or touches an opponent or the barrier the race shall be restarted and the rider in question shall take the inside of the track.
8. If the Starter observes a flagrant infringement and stops the race before the bell rings to indicate the start of the last lap the Commissaires may relegate or disqualify the rider committing the infringement and the other rider shall be declared the winner. In the case of a three or four up race it shall be restarted as two up or three up race.
9. If the commissaires consider that the offence calls for no more than a warning to the offending competitor, the event shall be immediately re-ridden. In a two up heat the non offending rider shall choose their starting position in the rerun. In the case of a three up sprint the non offending riders shall choose their start positions and if necessary draw for the positions in the event they both request the same position.
10. There shall be no question of having the race stopped by a competitor raising the arm or in any other way because of any incident.

a) Protests

11. A competitor who feels an infringement has been caused and no action taken may first approach the Chief Commissaire concerning that incident or the outcome of a race.
12. Should a competitor still not be satisfied with the outcome he/she may submit a protest with the appropriate fee to the Chief Commissaire within fifteen (15) minutes of the completion of that race.

b) Appeals

13. A competitor may appeal against a decision made by the Chief Commissaire if the competitor disagrees with that decision.
14. An appeal must be made in writing and accompanied by the appropriate set fee. Such appeal must be made within fifteen minutes of the Chief Commissaire handing out the decision. (If the appeal is upheld the fee will be returned.)

d) ROUND 1

1. The round shall consist of eight (8) heats of two (2) with the winner moving onto the quarter finals and the remainder will ride off for 9th placing onwards with a maximum of four (4) starters per heat.

e) QUARTER FINALS

1. The round shall consist of four (4) heats of two (2) with the winner moving onto the semi-finals and the remaining will ride off for 5th-8th placing.

f) SEMI-FINALS

1. The round shall consist of two (2) heats of two (2) and will be run on the principle, best two out of three.
2. In the second heat the riders shall reverse the starting order and should the heat go to three rounds they will once again draw lots
3. In the event of a dead heat further and deciding heats shall be run.
4. The winners shall race off in the final for gold and silver medals while the other two (2) riders will race off for the bronze medal and 4th placing.

g) FINALS

1. The round shall consist of two (2) heats of two (2) and will be run on the principle, best two out of three.
2. In the second heat the riders shall reverse the starting order and should the heat go to three rounds they will once again draw lots
3. In the event of a dead heat further and deciding heats shall be run.

h) Conditions of Behaviour During Competition

1. During the final sprint and even if this starts before the line marking the final 200 metres, each competitor shall remain in his/her lane up to the finishing line.

2. During sprints run before passing the final 200 metre line and before the start of the final sprint, the leading competitor may gently edge his/her opponent to the right while at all times leaving enough room for a competitor to pass, or if he/she is not in the sprinters' lane (i.e. above the red line), he/she may gently edge his/her opponent to the left, but without encroaching on the lane already occupied by some other competitor and without causing his/her opponent to run off the track.
3. One competitor may pass another only on the right. If a leading competitor leaves the sprinters' lane and rides up above the red line, the following competitor may attempt to pass him/her on the left. If the lead competitor still has a clear cycle length lead, he/she may drop down into the lane and prevent his/her opponent from passing him/her. But once he/she has let his/her opponent enter the lane and his/her lead has dropped to under a clear cycle-length while he/she may still attempt to squeeze him/her, he/she is no longer entitled himself/herself to enter the occupied lane.
4. A competitor, who starts the final sprint in the sprinters' lane, has to remain in that lane up to the finishing line. If he/she leaves the lane to try preventing his/her opponent from passing him/her above the red line, he/she will be penalised. If he/she effects his/her manoeuvre without influencing the final result, he/she shall nonetheless receive a warning. He/She shall not be disciplined by the Commissaries if, and only if, when effecting this manoeuvre he/she is already well ahead of his/her opponent and in no way causes a danger or hindrance to that opponent.
5. A competitor in the lead position who starts a final sprint outside the sprinters' lane shall not be permitted to effect any sudden movement to the right to prevent his/her opponent from passing. Should he/she make such a movement, but gently, the Commissaries shall evaluate that movement over a width equal to that of the sprinters' lane. The blue line – stayers' line –while not being the line governing the sprint, may be used by the Commissaries as a guide in relation to which to judge the movement of a competitor. The Commissaries have to determine whether the manoeuvre of a competitor constituted a danger that could have caused a fall, thus influencing the final result.
6. A competitor who is in the lead and starts the final sprint outside the sprinters' lane may drop into that lane, provided that he/she has at least one clear cycle length lead over his/her opponent. If, however, he/she has already allowed the opponent to occupy the lane and he/she does not have a sufficient lead, he/she may no longer cross the red line delineating that lane. He/She may enter the lane to complete the distance only if he/she can increase his/her lead over his/her opponent and once his/her manoeuvre is no longer likely to cause a danger of collision between himself/herself and his/her opponent, or if any way influenced the final outcome of the race.
7. The lead competitor may involuntarily drop down to end the race below the black (gauge) line. The competitor in second place may not try moving left when the opponent is in the lane, even if, within the lane, the opponent is riding close to the red line. The opening formed by the free part of the lane plus the strip below the black line and the blue band might tempt the second competitor to attempt to overtake on the left but that would be a "flagrant offence".
8. If, during the final sprint down the home straight, the lead competitor swings right and out of the lane, the second competitor may grasp the opportunity thus offered by availing himself/herself of the lane to pass the leader, but without dropping down onto the blue band. After such a manoeuvre, the first competitor may not swing back into the sprinters' lane, which is now occupied by his/her opponent.
9. If the lead competitor is riding on the black line, his/her opponent, when attacking, shall keep above the red line. If the opponent passes close to the lead competitor in the lane and causes a collision, the second competitor to have entered the lane shall be deemed to have caused the accident.
10. A competitor in second place, attacking from the right of the track and apparently passing his/her opponent in the sprinters' lane shall not be entitled to "crowd" the opponent to make him/her suddenly reduce speed or swerve on to the blue band to avoid a fall.
11. In an event involving three (3) or four (4) competitors, the competitor following the leader in the sprinters' lane and hemmed in to his/her right by the third competitor who is hugging the red line, may not, during the final sprint try slipping between the other two (2) competitors to attempt attacking and passing the leader, until he/she has a clear cycle-length lead over the third competitor, so that he/she may complete his/her manoeuvre without in any way placing the third or fourth competitors riding above the lane (i.e. above the red line) at risk of falling.
12. Should a competitor intentionally cause a fall (in a two (2) competitor heat), he/she shall be relegated with respect to that heat or disqualified from the competition depending on the gravity of the offence committed and the other competitor (whom he/she wronged) shall be declared the winner, even if he/she has not passed the finishing line.
13. Should one competitor in a two (2)-competitor heat default, the other shall, in order to be declared the winner, put in an appearance on the starting line although he/she need not cover the distance.
14. In an event with three (3) or more competitors any manoeuvre by a competitor to hinder the other competitors will not be tolerated. Should this occur, the competitor guilty of the offence shall be disqualified and the heat rerun immediately with the remaining competitors.
15. As the blue band does not form an integral part of the track, it may not be used for effecting standstills or for passing an opponent.

72 – NSW INDIVIDUAL TRACK TIME TRIAL

These events will be held directly as a final.

Categories	Distance
Elite Men	1000 metres
Junior U19 Men	1000 metres
Elite Women	500 metres
Junior U19 Women	500 metres
Junior U17 Men and Women	500 metres
Junior U15 Men and Women	500 metres
Junior U13 Boys and Girls	1 lap
Junior U11 Boys and Girls	1 lap
Junior U9 Boys and Girls	1 lap
Masters Men 2	1000 metres
Masters Men 3	750 metres
Masters Men 4	750 metres
Masters all other Divisions	500 metres

- a) Depending on the number of entries, two (2) competitors may start on opposite sides of the track however, the Chief Commissaire may decide that competitors shall ride individually taking into account the size of the track and the distances to be ridden.
- b) For tracks 250 or less 1 rider at a time, tracks above 250 metres may have 2 at a time.
- c) The draw will be conducted by the Handicapper, which will take into account the first three (3) competitors from the previous Championship.
- d) For the men, women, U/19/M/W starting gates may be used when available. At other times competitors will be held and not pushed, by the same Commissaire at the start.
- e) The start and finish shall take place in the middle of each straight (pursuit line)
- f) Both wheels shall be placed on the measuring line for the start – if practicable.
- g) A vertical line taken from the front of the front wheel shall not be in front of the start line for non-electronic timing.
- h) The blue band on the inner edge of the track shall be rendered impracticable to ride in the bends by placing pads of synthetic material 50cm long and 8cm Square positioned at 5 metre intervals, 20cm below the measuring line.
- i) **Starting Gate Starting Procedure** – When the bicycle is firmly locked in the starting gate the Principal Commissaire of that competitor shall raise his/her flag. On the raising of the second flag the Starter will begin the count down 50, 30, 10, 5, 4, 3, 2, 1. On 0 the start signal will sound. Only two starts shall be permitted.
- j) A rider suffering a recognised or unrecognised mishap during the event shall withdraw. Any rider withdrawing shall report with his machine to the Chief Commissaire, who shall permit a re- start after approximately 15 minutes if it is considered justified.
- k) **Hand Held Starting Procedure** – The bicycle will be placed in the correct starting position. After the competitor places his/her first foot in the pedal the Principal Commissaire will raise his/her flag on which the Starter will count down 30, 10, 5, 4, 3, 2, 1, 0. On 0 the starter will fire the start gun. The timing (with three (3) hand held watches) will be operated on the firing of the gun.
- l) When hand timing, the time of the middle watch will be recorded, if two (2) watches record the same time that time shall be recorded.
- m) The Starter will be sole judge of whether a false start has been made in the first thirty (30) metres.
A false start shall mean:
 1. When a competitor starts before the starting signal.
 2. When a competitor is pushed.
 3. When a mishap occurs.
 4. When a Starter considers any other happening warrants the start to be invalid.
 5. Following a false start the starting procedure will be immediately recommenced.
- n) When two (2) competitors are on the track at the same time should a competitor suffering a recognised mishap during the event shall withdraw, but his/her opponent must continue to record a time. Any competitor withdrawing shall report with his/her machine to the Chief Commissaire, who shall permit a re-start, if it is considered justified, at a time to be designated by the Chief Commissaire approximately 15mins.
- o) A competitor shall only be allowed two starts.
- p) Should for any reason, (eg. Rain) prevent an event being completed in the session set down for decision, the Championship shall be completely re-run at a later date.

73 –NSW CLUB TEAM SPRINT CHAMPIONSHIP

Categories	Distance	Categories	Distance
Elite Men	3 Laps	Junior U17 Men and Women	3 laps
Junior U19 Men	3 Laps	Junior U15 Men and Women	3 laps
Elite Women	2 Laps		
Junior U19 Women	2 Laps		
Masters all Divisions	3 laps	Masters all Divisions	3 laps
Combined Age Minimum 135 Years		Combined Age Minimum 135 Years	

- a) A minimum of three (3) **Club** teams from different clubs for each Championship category is necessary before a championship can be conducted.
- b) Each club may nominate one (1) or more teams for each Championship.
- c) When no team event is listed for the U/15, U17, U/19 women, subject to Cycling NSW Management Committee sanction they may compete with the men in the same category
- d) Should a club have difficulty in entering a team, they can on application and subsequently being sanctioned by Cycling NSW Management Committee be permitted to nominate a second year U/15, U/17, U/19 member to compete one division above their category for that event with that member being entitled to ride the gear restrictions applicable to that higher category for that event. (This rule is in the spirit of the sport and must not be abused).
- e) To be eligible to compete in the CNSW Club Teams Sprint Championship each rider shall be an affiliated financial member of the club they represent and have not competed in any OPEN or CHAMPIONSHIP event for another club during the current track season (1st October to 31st March).
- f) **Members** must be financial with their competing club/Cycling New South Wales two calendar months before the event, and must produce their Race License at the event. (Receipts of membership application will not be accepted.).
- g) Up to six (6) names may be nominated with each team entry from which a maximum of three/two (3/2) will start in that team on the day. (Names may be nominated for more than one team for the club they compete. A rider may only compete for one category and one team per championship series).
- h) Teams of three (3) competitors each shall contest the event, over three (3) complete laps of a track. The event will be run over two (2) laps for Junior Under 19 women and Elite Women.
- i) The draw for the qualifying round will be conducted by the Handicapper who will take into account the results from the previous Championship and shall endeavour to match two (2) teams of approximate ability.
- j) Two (2) teams shall start on opposite sides of the track. The competitors shall line up on the starting line (pursuit line), in the middle of the straight, one metre apart, either side by side or at an angle of 45 degrees behind the start line
- k) When available, starting gates shall be used by the leading competitor of each team.
- l) The competitor on the lowest part of the track shall place both wheels on the measuring line for the start – if practicable.
- m) A vertical line taken from the front of the front wheel shall not be in front of the start line.
- n) The blue band on the inner edge of the track shall be rendered impracticable to ride in the bends by placing pads of synthetic material 50cm long and 8cm Square positioned at 5 metre intervals, 20cm below the measuring line.
- o) **Starting Gate Starting Procedure** – When the leading bicycle of each team is firmly locked in the starting gate the Principal Commissaire of that team shall raise his/her flag. On the raising of the second flag the Starter will begin the count down 50, 30, 10, 5, 4, 3, 2, 1. On 0 the starter will fire the start gun. The electronic timing and three (3) hand held watches will start on the gun.
- p) **Hand Held Starting Procedure** – The leading bicycle of each team will be placed in the correct starting position. After the leading competitor places his/her first foot in the pedal the Principal Commissaire will raise his/her flag. On the raising of the second flag the Starter will count down 50, 30, 10, 5, 4, 3, 2, 1. On 0 the starter will fire the start gun. The timing for each team (with three (3) hand held watches) will start on the gun.
- q) The total time for the three (3) laps as well as the time for the final (third) lap of each team shall be recorded.
- r) When hand timing, the time of the middle watch will be recorded, if two (2) watches record the same time that time shall be recorded.
- s) Should a team start before the starting signal, a false start will be declared by the Starter and the starting procedure immediately recommenced.
- t) A team shall only be allowed two (2) starts.
- u) The Starter will be sole judge of whether a false start has been made in the first 30 metres. A false start shall mean:
 1. When a competitor starts before the starting signal.
 2. When a competitor is pushed.
 3. When a recognised mishap occurs.
 4. When a Starter considers any other happening warrants the start to be invalid.

- v) Once the start has been given and declared valid, the race shall not be stopped other than during the first 30 metres.
- w) The competitor placed on the inside of the track shall perform the first relay over one lap and then shall move to the outside of the track and come to a stationary position as soon as practicable; the same shall apply to the second competitor. Only one competitor shall remain on the track for the last lap.
- x) A team shall be relegated to the last place in the stage of the competition in which an infringement has been committed:
 1. If a competitor draws away more than 15 metres before the end of the lap that he/she is to lead.
 2. If a competitor does not draw away more than 15 metres after the end of the lap that he/she was supposed to lead.
 3. If one competitor pushes another.

b) Qualifying Round

- i. In the event of a mishap, the team must restart at the end of the qualifying rounds. Any team which may have been hindered by a mishap to its opponents may, by decisions of the Commissaries panel, be granted a restart at the end of the qualifying rounds. In the Qualifying round a team may only be permitted two starts.
- ii. The fastest four (4) teams to qualify shall contest the finals. The teams that recorded the fastest two (2) times shall compete in the final for gold and silver medals and the other two (2) teams shall contest the bronze medal and fourth place.

c) Finals

- i. In the event of a mishap the race shall be stopped and restarted. If the team suffers a further mishap (whether or not recognised) during it's subsequent ride, it shall be relegated. In the final only one new start per team shall be permitted as a result of a mishap.
- ii. In the case of a two team times being equal in the qualifying round the team recording the fastest time over the final lap shall be declared the faster team. When a dead heat occurs in a final the team recording the fastest time over the final lap shall be declared the winner.
- iii. The composition of a team may be modified before the start of the final. Such modification must be registered with the Chief Commissaire no later than 30 minutes before the final is to commence. Only the competitors who contest the final will be eligible to receive the medals.

74 –NSW KEIRIN CHAMPIONSHIP

Categories

Elite Men

Junior U/19 Men

Categories

Elite Women

Junior U/19 Women

Keirin is an event in which competitors run a sprint after having completed a certain number of laps in a bunch behind a motorised pacer.

- a) Draw for 24 competitors
- b) The draw for the qualifying round will be conducted by the Handicapper who will take into account the results from the previous Championship.
 - Round 1 – 4 heats of 6
Heat winners to final, with second, third and fourth to two (2) repechage heats and the others eliminated.
 - Round 2 (Repechage) – 2 heats of six
Winners of repechages to final.
 - Final – 6 competitors
- c) The Chief Commissaire may vary the draw in accordance with the size of the track and the number of entries received.
- d) The heats and finals shall be run over a distance of close to 2000 metres.
- e) The start shall be given when the pacer passes the pursuit line in the sprinters lane, the competitors being placed abreast on this line according to the prior drawing of lots. The rider who draws No 1 shall follow immediately behind for at least the first lap unless another rider takes that position.
- f) During the first laps, the motorcycle pacer at 30 km per hour shall set the speed. The pacer shall always follow the measuring line and shall gradually increase to 50 kph. He/She shall take care not to accelerate abruptly before leaving the track. (Junior Women and Women 25kph and 45kph)
- g) The pacer shall leave the track via the blue band when ordered to do so by the Commissaire, approximately
 - 2.5 laps from the finish on tracks 250 – 287 metres
 - 2.0 laps from the finish on tracks 333.3 metres
 - 1.5 laps from the finish on tracks of 400 metres or more
- h) Assistants shall hold the competitors, without pushing them as the start is given.
- i) The starter shall signal the start by a pistol shot.
- j) In the case of a mishap in the first 30 metres. The race shall be restarted immediately

- k) A competitor shall be disqualified should he/she pass the rear of the back wheel of the pacer whilst the pacer is on the track.
- l) It shall be strictly forbidden to pass or challenge opponents on the left when the competitor being challenged is in the sprinter's lane.
- m) The race will be stopped if one or more riders are at fault or behave in an unsporting manner while being paced behind the derny. The race will be rerun without the rider(s) at fault. Such rider(s) shall be eliminated from the event and will take no further participation in subsequent rounds.

75 –NSW DERBY CHAMPIONSHIP

Categories

Under 9, Under 11, Under 13 Boys / Girls

Masters Men Division 6 / 7 / 8

Masters Women Division 4 / 5 / 6 / 7 / 8

- a) The draw and number of competitors in each heat may vary in accordance with the size of the track and the number of entries received.
- b) The number of competitors in the qualifying rounds may vary, with a maximum of six (6) per heat.
- c) The winners of each heat shall advance to the final. The placegetters in each heat who contest the repechage will depend on the number of heats and shall be decided by the Technical Commission
- d) The final shall consist of four (4) competitors
- e) In the Divisions above Junior U17 the distance shall be 1300 metres (approximately)
 - 5 Laps of a 250 metre track
 - 4 Laps of a 333-metre track
 - 3 Laps of a 400-metre track
- f) Normal sprint and behaviour rules as set out under Sprint rules shall apply.
- g) For U/9,U/11, and U/13 the Chief Commissaire in consultation with the promoter shall decide the distances to be ridden taking into account the size of the track.

76 – NSW INDIVIDUAL PURSUIT CHAMPIONSHIP

Category	Distance	Category	Distance
Elite Men	4000 metres	U15 Men	2000 metres
Elite Women	3000 metres	U15 Women	2000 metres
U19 Men	3000 metres	Masters 2 , 3 & 4	3000 metres
U19 Women	2000 metres	Masters 5 +	2000 metres
U17 Men	2000 metres	Masters Women	2000 metres
U17 Women	2000 metres		

b) Track Equipment

- i. A lapboard and a bell shall be manned at each finishing line. When the track measurement does not allow for an even number of laps for the respective distances the first 1000m must be marked by a red flag for one rider and a green flag for their opponent. Two (2) red flags and two (2) green flags will similarly mark the commencement of the last 1000m for the respective riders.
- ii. The blue band on the inner edge of the track shall rendered impracticable to ride in the bends by placing pads of synthetic material 50cm long and 8cm square positioned at 5 metre intervals, 20cm below the measuring line.

c) Procedures

- i. Two (2) riders shall compete at the same time starting from opposite sides of the track. The highest seeded rider or the rider with the fastest time from the previous round shall start on the start line which will allow him / her to finish in the main straight.
- ii. Both wheels shall be placed on the measuring line for the start.
- iii. In starts using electronic timing the tyre of the front wheel shall be placed as close as possible to (but must not touch) the start line.
- iv. In starts using hand held watches a vertical line taken from the front of the front wheel shall not be in front of the start line.
- v. The start shall be effected by a starting signal (starting gates, pistol shot or whistle blast). The race shall be stopped by a double pistol shot. The finish shall be by a pistol shot as each rider crosses his / her respective finish line. Starting gates shall be used when available for Elite Men, Elite Women ,U19 Men and U19 Women while masters U17 and U15 Men and Women shall be hand held by the same Commissaire and not pushed.

- vi. **Starting Gate Starting Procedure** – When the bicycle is firmly locked in the starting gate the Principal Commissaire of that competitor shall raise his/her flag. On the raising of the second flag the Starter will begin the count down 50, 30, 10, 5, 4, 3, 2, 1. On 0 the start signal will sound.
- vii. **Hand Held Starting Procedure** – After the competitor places his/her first foot in the pedal the Principal Commissaire will raise his/her flag. On the raising of the second flag the Starter will begin the count down 30, 10, 5, 4, 3, 2, 1. On 0 the start signal will sound.
- viii. Timing will commence when the starting signal is given. Electronic timing will be used (when available) and three time keepers for each rider with hand held watches shall record times for each half lap and the finish time.
- ix. The Starter will be sole judge if a mishap has occurred in the first half lap. A mishap shall mean:
 - 1. When a rider starts before the starting signal
 - 2. When a rider is pushed
 - 3. When a mishap occurs
 - 4. When a Starter considers any other happening warrants the start to be invalid
- x. A Principal Commissaire shall assist at each 'starting point' and will clearly indicate when a rider is ready. After the start they will liaise with their respective lap scorer and be on hand to check recorded times if required to do so.
- xi. The chief Commissaire must follow the events carefully and remain near the starter in the case of a mishap.
- xii. In each round including the final only one new start may be permitted as the result of a mishap.
- xiii. One person is permitted to assist a competitor. He/she may take up a position inside the safety track but must refrain from making rash gestures of encouragement.

d) Qualifying Round

- i. The qualifying round is to select the best 4 riders on the basis of their times.
- ii. The seeding shall be arranged by the Handicapper, who shall use the previous years results and endeavour to match two riders of approximately equal ability, whilst not pairing the two best, with the best performed rider starting last.
- iii. The four fastest riders of the qualifying round shall contest the finals, with the two best times riding off for the gold and silver medals and the other two riders shall ride off for the bronze medal and fourth place. All other riders in the qualifying round shall be classified based on their times.
- iv. In case of a mishap in the first half lap the race shall be stopped and restarted immediately.
- v. After the first half lap the race shall not be stopped. A rider who is the victim of a mishap shall be permitted to ride again at the end of the qualifying rounds (either alone or matched with another rider in the same situation).
- vi. A caught rider may not take pace from his opponent nor pass him at risk of disqualification.
- vii. During the qualifying rounds account shall be taken solely of times (a rider caught must complete the distance).
- viii. Should a dead heat occur on times the rider covering the last lap in the faster time shall receive the highest seed.

e) Finals

- i. Should a riders opponent not appear at the starting line he / she shall be declared the winner and need not ride the distance.
- ii. The final will be decided when each rider crosses the finish line or one is caught.. A rider is considered caught at the point when the chain set on his opponents bicycle draws level with his own bicycle.
- iii. In the event of a mishap before the final kilometre (half kilometre for JW19, JM17, JW17, JM15, JW15) and the race is interrupted the riders shall restart from their calculated positions within a maximum period of 5 minutes.
 - 1. The leading rider will start on the line of the last half lap which he completed.
 - 2. The other rider shall start at a distance before the opposite line, calculated by the Commissaires Panel on the basis of the time that he was behind at his last completed half lap.
 - 3. The riders shall ride the distance remaining as at the last half lap before the mishap.
 - 4. The final times shall be obtained by adding the partial time.
 - 5. Inside the final kilometre (half kilometre for JW19, JM17, JW17, JM15, JW15) if the leading rider suffers a mishap, the result will stand and he / she shall be declared the winner. The average speed of the last half lap shall be used to calculate the final times to be awarded
- iv. Should a dead heat occur, the rider covering the last lap in the faster time shall be declared the winner.

77 – NSW CLUB TEAMS PURSUIT CHAMPIONSHIP

Clubs may enter Masters teams in the following Championship Divisions:

- 1. Men's Masters All Ages Division (no age restrictions)
- 2. Men's Masters 150 years+ Division (minimum cumulative age of the *three youngest* Masters riders is 150 years)

a) Related provisions

- 1. a rider may only ride for one team per Championship (can't ride in more than one age division)
- 2. a rider may be nominated for more than one team, but cannot ride for more than one team.
- 3. Each rider must be of a minimum Master category age as stipulated by the National Federation from time to time.
- 4. Categories and Distances

a.	Category	Distance	Category	Distance
b.	Elite Men	4000 metres	Junior U17 Men	2000 metres
c.	Elite Women	3000 metres	Masters 2, 3 & 4	3000 metres
d.	Junior U19 Men	4000 metres	Masters 5 +	2000 metres

5. The NSW Track team Pursuit Championships is open to all affiliated clubs of the NSWCF.
6. A minimum of three (3) Teams for each Championship category is necessary before a championship can be conducted
7. Each club may nominate one (1) or more teams for each Championship.
8. When no team event is listed for the U17, U/19 women, subject to Cycling NSW Management Committee sanction they may compete with the men in the same category.
9. Should a club have difficulty in entering a team, they can on application and subsequently being sanctioned by Cycling NSW Management Committee be permitted to nominate a second year U/15, U/17, U/19 member to compete one division above their category for that event with that member being entitled to ride the gear restrictions applicable to that higher category for that event. (This rule is in the spirit of the sport and must not be abused).
10. To be eligible to compete in the CNSW Club Teams Pursuit Championship each rider shall be an affiliated financial member of the club they represent and have not competed in any OPEN or CHAMPIONSHIP event for another club during the current track season (1st October to 31st March).
11. Members must be financial with their competing club/Cycling New South Wales two calendar months before the event, and must produce their Race License at the event. (Receipts of membership application will not be accepted).
12. Up to six (6) names may be nominated with each team entry from which a maximum of four (4) will start in that team on the day. (Names may be nominated for more than one team for the club they compete. A rider may only compete for one category and one team per championship series).

b) Track Equipment

A lapboard and a bell shall be manned at each finishing line. When the track measurement does not allow for an even number of laps for the respective distances, the first 1000 metres must be marked by a red flag for one team and a green flag for their opponent. Two (2) red flags and two (2) green flags will similarly mark the commencement of the last 1000 metres for the respective teams.

The blue band on the inner edge of the track shall rendered impracticable to ride in the bends by placing pads of synthetic material 50cm long and 8cm square positioned at 5 metre intervals, 20cm below the measuring line.

c) Procedures

1. Two (2) teams shall compete at the same time starting from opposite sides of the track. On tracks of less than 333.3 metres teams will ride alone in the qualifying round. The highest seeded team or the team with the fastest time from the previous round shall start on the start line which will allow that team to finish in the main straight
2. A team may decide to start line abreast, or on a diagonal at 45 degrees behind the starting point. One metre shall be left between team members with the first team member placing both wheels on the measuring line. This rider must lead for the first relay, failure to do so will cause a restart. When available, starting gates shall be used by the rider starting on the measuring line.
3. In starts using electronic timing the tyre of the front wheel of the leading rider shall be placed as close as possible to (but must not touch) the start line.
4. In starts using hand held watches a vertical line taken from the front of the front wheel of the leading rider shall not be in front of the start line.
5. The start shall be effected by a starting signal (starting gates, pistol shot or whistle blast). The race shall be stopped by a double pistol shot. The finish shall be by a pistol shot as each team crosses their respective finish line.
6. Starting gates shall be used when available for Elite Men, Elite Women, and U19 Men, while masters and U17 Men shall be hand held and not pushed.
7. *Starting Gate Starting Procedure*– When the leading bicycle of each team is firmly locked in the starting gate the Principal Commissaire of that team shall raise his/her flag. On the raising of the second flag the Starter will begin the count down 50, 30, 10, 5, 4, 3, 2, 1. On 0 the starting signal will sound.
8. *Hand Held Starting Procedure* – The leading bicycle of each team will be placed in the correct starting position. After the leading competitor places his/her first foot in the pedal the Principal Commissaire will raise his/her flag. On the raising of the second flag the Starter will count down 30, 10, 5, 4, 3, 2, 1. On 0 the starting signal will sound.
9. Timing will commence when the starting signal is given. Electronic timing will be used when available and three timekeepers for each team with hand held watches shall clock the front wheel of the third rider of each team recording times for each half lap and the finish. In all cases the time recorded for the third rider of a team to finish will be the time awarded to the team.
10. The Starter shall be the sole judge of whether a false start has been made in the first half lap. A false start shall mean:
 - a. When a team starts before the starting signal
 - b. When a team member is pushed
 - c. When a mishap occurs
 - d. When a Starter considers any other happening warrants the start to be invalid.
11. The Principal Commissaires shall assist at each starting point and will clearly indicate when a team is ready. After the start they will liaise with their respective lap scorer and be on hand to check recorded times if required to do so.

12. The Chief Commissaire must follow the events carefully and remain near the Starter in case of a mishap.
13. In each round including the final only one new start may be permitted as the result of a mishap.
14. Pushing or pulling between members of a team is absolutely forbidden. Violation of this rule shall cause disqualification of a team.
15. A team member who is dropped by the team and causes interference to the opposing team shall be withdrawn and the team which he represents may be disqualified.
16. When a team is about to be passed by its opponent the Chief Commissaire will instruct the Principal Commissaire to raise a red flag at each starting point. The red flag will indicate to the riders of the team which is about to be passed that they must not swing up the track. The leading rider and indeed all team members must maintain a straight course around the measuring line until the following team has completed the pass. A team failing to comply with a red flag direction shall be liable to disciplinary action.
17. The team coach is permitted to assist each team. He/she may take up a position inside the safety track but must refrain from making rash gestures of encouragement.

d) Qualifying Round

1. The purpose of this round is to find the four fastest teams to contest the finals.
2. The seeding shall be arranged by the Handicapper who shall use the previous year's results and endeavour to match two teams of approximately equal ability whilst not pairing the two best with the best performed team starting last in the Qualifying Round.
3. The four fastest teams of the qualifying round shall contest the finals, with the two best times riding off for the gold and silver medals and the other two teams shall ride off for the bronze medal and fourth place. All other teams in the qualifying round shall be classified based on their times.
4. In case of a mishap in the first half lap the race shall be stopped and restarted immediately.
5. If a mishap occurs after the first half lap and only one rider is involved the team may either continue with 3 riders or stop. If the team chooses to stop it must do so within one lap of the place the accident occurred or they face disqualification. Where practicable the other team shall continue to record a time.
6. The team of a rider which has stopped following a recognised mishap shall restart at the end of the qualifying round, where applicable with another team in the same situation. If a team suffers a mishap during its subsequent ride and do not continue with at least 3 riders it shall be eliminated.
7. A caught team may not take pace from their opponent nor pass that team at risk of disqualification.
8. During the qualifying round account shall be taken solely of times (a team caught must complete the distance).
9. Should a dead heat occur in the Qualifying Round, the team covering the last lap in the faster time shall take the higher seed.

e) Finals

1. Should a team's opponent not appear at the starting line that team shall be declared the winner and need not ride the distance.
2. The composition of a team may be modified before the final; however a maximum of five (5) riders may only contest the championship. Such modifications must be registered with the Secretary of the Commissaires no later than 30 minutes before the event.
3. In the event of a mishap in the first half lap the race shall be stopped and restarted immediately. If the team suffers a further mishap during its subsequent ride it shall be eliminated.
4. Once a valid start has been given a race shall not be stopped for any reason except for a mishap in the first half lap.
5. After the first half lap no mishaps will be taken into consideration. The team shall continue if they still have three riders on the track, otherwise this team must stop and will be considered beaten.
6. The final will be decided when the third rider of each team crosses the finish line or one team is caught. A team is caught when the opposing team, (at least 3 riders) arrive at the rear of the other team within a distance of one metre. Once a team is caught the race will be declared over and the catching team shall be declared the winner by the Starter.
7. Should a dead heat occur in the Final, the team covering the last lap in the faster time shall be declared the winner.

78 – NSW SCRATCH RACE CHAMPIONSHIP.

a) Categories and Distances

Category	Distance	Heats	Category	Distance	Heats
Elite Men	15 kms	10kms	Junior U13 Boys	2 kms approx	
Elite Women	10 kms	8 kms	Junior Girls	2 kms approx	
Junior U19 Men	10 kms	8 kms	Junior U11 Boys / Girls	1200 metres approx	
Junior U19 Women	7.5 kms	6 kms	Junior U9 Boys / Girls	800 metres approx	
Junior U17 Men	7.5 kms	6 kms	Masters 2, 3 & 4	10 kms	8 kms

Junior U17 Women	5 kms	4 kms	Masters 5 +	5 kms	4 kms
Junior U15 Men	5 kms	4 kms	Masters Women	5 kms	4 kms
Junior U15 Women	5 kms	3 kms			

- b) The scratch race is an individual event over a specified distance. The placings shall be determined on distance.
- c) The maximum number of riders taking the start shall be:
32 riders for tracks of 333.33 metres and above 24 riders for tracks of 250 metres or less.
The total number of starters for junior U17 and below shall not exceed 16 competitors.
- d) Should the number of entries in any event exceed the safety zone the Chief Commissaire may conduct heats of a shorter distance, however in order to avoid the running of heats the technical commission may allow an extension to maximum number of starters in a final.
- e) When drawing up the heats e.g.
2 heats - Odd numbers in heat one and even numbers in heat two
- f) The Chief Commissaire shall determine the number of finalists from the heats.
- g) The start of categories U9, U11 and U13 a handler on the starting line shall hold all competitors.
- h) In all other categories the competitors shall line up on the outer railing. However should the number of starters exceed a fair start then half the competitors shall line up on the out railing and the other half shall be held and lined up in single file in the sprinter's lane.
- i) The events shall be un-paced and a minimum of 200 metres rolling start must be allowed before the starting signal is given.
- j) For NSW State Championships on tracks of 250 metres or less one (1) neutral lap rolling start must be allowed before the starting signal is given.
- k) A rider losing a lap on the main bunch shall withdraw immediately.
- l) In the case of collusion between riders the commissaires may disqualify the riders concerned.
- m) The last lap shall be indicated by ringing a bell.
- n) When a mishap occurs the competitors involved shall be allowed a maximum of 1300 metres in which to resume their position in the race as at the moment of the mishap. If a mishap occurs in the last 1000m free laps shall not be allowed. Riders who have been allowed free laps shall not be penalised in the final classification.
- o) Should there be a mass fall the commissaires shall decide whether a fresh start shall be given for the complete distance or for part of the distance remaining to be ridden from the position at the moment of the fall.
- p) The final placing's are determined during the final sprint taking in to account any laps gained. Should two riders dead heat for first they shall be joint winners and the next position will be third. Should two riders' dead heat for second they will be joint second place getters and the next position will be fourth. Should two riders dead heat for third position they will be joint third place getters and the next position will be fifth.

79 –NSW POINTS RACE CHAMPIONSHIP

- a) Categories and Distances

Category	Distance
Elite Men	40 kms
Elite Women	25 kms
Junior U19 Men	25 kms
Junior U19 Women	20 kms

- b) Should the number of entries in any event exceed the safety zone the Chief Commissaire may conduct heats of a shorter distance.
- c) When drawing up the heats e.g.
2 heats - Odd numbers in heat one and even numbers in heat two
- d) The Chief Commissaire shall determine the number of finalists from the heats.
- e) For the start all competitors shall line up on the outer railing, however should the number of starters exceed a fair start then half the competitors shall line up on the outer railing and the other half shall be held and line up, in single file, in the sprinters lane.
- f) The events shall be un-paced and a minimum of 100 metres rolling start must be allowed before the starting signal is given.
- g) On 250 metre tracks or smaller intermediate sprints shall be conducted every 10 laps. On tracks larger than 250 metres sprints for points shall be held every 2000 metres approximately. In each sprint, the first four riders shall be awarded as follows:
 - First 5 points
 - Second 3 points
 - Third 2 points
 - Fourth 1 point
Any rider who gains a lap on the main field will be awarded 20 points
Any rider who loses a lap on the main field will be deducted 20 points

- h) In the case of two or more riders being equal on points, then the position in the final sprint will decide the result.
- i) A competitor shall be considered to have gained a lap when he/she reaches the tail of the main (largest) group. He/she shall continue to score points until the Commissaire in charge has declared a lap taken. He/She shall be awarded 20 points. Should this rider subsequently lose a lap they shall also lose the 20 points previously awarded.
- j) Commissaires shall have the right to declare the lap gained if it is evident that the chasing rider/s is/are purposely hanging off the main bunch to gain points
- k) Should competitors drop back from the main group, they must not assist any competitors who are trying to gain a lap, but may place themselves behind the overtaking competitors. Competitors in this situation who give such assistance and the competitors who knowingly accept such assistance will be withdrawn from the race by the Chief Commissaire. A competitor falling behind the field may not participate in sprints or score points until he/she has regained the main bunch or deemed to have lost a lap. Any isolated rider(s) who lose(s) a lap will not be included in the ranking.
- l) In the case of a mishap recognised valid by the Commissaries, the competitor concerned is permitted a neutralisation of 1300m or a number of laps nearest to 1300m, without loss of position. He/She will rejoin the race within the neutralised period in the position in the field that he/she occupied at the time of the accident. If a fall, accident or mechanical mishap occurs in the last 1300 metres of the event the competitors concerned shall not return to the track.
- m) Competitors who do not finish the race (unless due to a crash or valid recognised accident in the last 1300m) will be excluded from the result.
- n) Should about half the competitors be involved in a fall, the race shall be stopped and the Chief Commissaire shall determine the duration of the neutralisation.
- o) Competitors who are more than two (2) laps in arrears shall be eliminated and shall leave the track.
- p) The sprints shall take place in accordance with the sprint regulations. A competitor who infringes the regulations shall be penalised by:-
 - 1. A warning.
 - 2. Loss of points.
 - 3. Relegation to a lower placing.
 - 4. Relegation in the overall standing.
 - 5. Disqualification.
- q) Should the race be stopped by the Commissaries by reason of bad weather, then the following shall apply:
 - 1. Re-run entirely

20 or 24km	Stop before 10km
40km	Stop before 15km
 - 2. Re-start the race with distance covered and points won to the point

20km	Stop between 10 – 15km
24km	Stop between 10 – 20km
40km	Stop between 15 – 30km
 - 3. Results stand

20km	Stop after 15km
24km	Stop after 20km
40km	Stop after 30km
- r) The Commissaires may take action against one or more competitors in the case of offences having been committed:
 - 1. By giving a warning by displaying a yellow flag and indicating the number of the competitor concerned.
 - 2. By immediate disqualification by displaying a red flag and indicating the number of the competitor concerned.

80 –NSW MADISON

Category	Distance
Elite Men	50 kms
Junior U19 Men	30 kms
Junior U17 Men	15 kms

- a) Entry conditions as approved by the Handicapper following consultation with the NSWCF Management Committee.
- b) A Madison is a point's race between teams of two (2) competitors who relay each other for a specified distance or time. In no case may more than one member of a team race at the same time.
- c) The competition must have a minimum of eight (8) teams to constitute the event being held but be limited to a maximum of eighteen (18) teams for Under 19's and above and twelve (12) teams for U17 & below.
- d) For Elite Men & Junior U/19 Men Intermediate sprints shall run every 5 km or the number of laps closest to 5 km. Each intermediate sprint shall earn the first four (4) teams the following points; 5-3-2-1. The sprints shall be run

- according to Sprint Rules and the penalties to be imposed in cases of infringement shall be; warning, relegation and disqualification.
- e) For U17's sprints will be run every 2.5 km (10 laps on a 250 metre track).
 - f) The result will be decided upon the distance covered. In the case of equality of distance (number of laps covered), the points won will decide the result. In the case of equality of distance and points, the places in the final sprint shall decide the result.
 - g) At the start of the race, one competitor from each team will be on the line and the other competitor will be on relief. A rolling start will be used. The two riders of each team shall carry the same rider number but of different colours.
 - h) Gaining Laps -
 1. A lap shall be considered gained if a team breaks away from the main group and catches the main group again. The main group is the largest group on the track. If two (2) or more groups are the same size, the leading group shall be the main group.
 2. If the various teams are strung out separately on the track, a team shall have gained a lap when it shall have passed a sufficient number of teams in the judgment of the Chief Commissaire.
 3. Any lap gained unfairly through one or more competitors sacrificing themselves for others shall not be allowed. Violation of this rule will result in the teams concerned losing any points or laps that have been illegally gained.
 4. Teams that gain a lap must sprint with the main group in order to earn additional points.
 - i) Losing Laps -
 1. Teams that lose laps may sprint with the main group after being absorbed by the main group. They may sprint for points each time they are caught, regardless of the number of laps they have lost.
 2. If a team being lapped is caught by the main group in a bell lap, that team will receive no points in that sprint. In order for a team being lapped to score points, they must be caught by the main group prior to crossing the line on the bell lap of the sprint.
 3. The Chief Commissaire may remove teams lapped three times by the main bunch.
 - j) Relieving Partners -
 1. A competitor entering the track from the blue band will do so on the home straight or back straight and must not interfere with competitors already on the track. A competitor leaving the track should stop on the blue band in one of the straights, but never on turns.
 2. In order to make a change from racing competitor to relief competitor, a competitor must draw even with the teammate. The relay may be made by touching, pushing, pulling or by merely drawing even with the partner. Hand slings may be allowed if so specified by the Chief Commissaire.
 3. A relay without the partners drawing even (a wireless pickup) may result in a team being penalised a lap.
 4. In relieving, the members of a team must not interfere with other competitors. The relieved competitor must stay on the inside of the track or continue in a straight line from wherever the exchange was made until all other competitors in that group have passed safely. When the track is clear, the relieved competitor may move up the track and proceed slowly until time for the next exchange. If there are special regulations on where the competitors must stay, they must be explained to the competitors before the race.
 - k) Mishaps - Should one of the competitors suffer a fall or mechanical incident, his teammate shall immediately take the team position in the race. There shall not be neutralisation of the race.
 1. Should both team mates fall simultaneously, the team shall be entitled to a neutralisation equal to the number of laps closest to 2000 metres. On returning to the track one of the teams mates shall resume the position that the team occupied in the bunch before the incident.
 2. There shall be no neutralisation in the last 2000 metres of the race. The team shall placed according to the laps won or lost and the points won up to the moment of the incident.
 - l) Reteaming -
 1. A competitor who loses a partner through retirement or mishap may be teamed up with another competitor who has lost his partner. Such reteaming shall be done at the discretion of the Chief Commissaire.
 2. In combining the remnants of two (2) teams, the lower lap count and points score of the two (2) teams shall be used. Should the reconstructed team be tied with another team, they shall be placed behind that team.
 3. If the competitor suffering a mishap cannot return to the track within 5 km, the Chief Commissaire may remove the team.
 - m) A double gunshot is fired when the first competitor completes the specified distance or when the specified time has elapsed. In the latter case, the final sprint occurs on the lap after the double gunshot.
 - n) If the race is called off because of inclement weather the Commissaries shall decide as follows:
 1. race stopped before 20 km ---rerun entirely on the same day.
 2. Race stopped between 20 and 40 km--- resume race with the points and laps acquired so far.
 3. Race stopped after 40 km --- let the results stand.

81 – OMNIUM

- a) **Definition: The omnium consists of the five events which shall be held on one day in the following order:**
 - 1 **200m time trial (flying start)**
 - 2 **Scratch race (equal to the number of laps closest to 5km)**
 - 3 **Individual pursuit (3000 metres – 2000 metres for junior – without finals, two riders shall compete at the same time, starting from opposite sides of the track seeded from the overall ranking after the scratch race).**
 - 4 **Points race (15km with 6 sprints)**
 - 5 **Kilometre time trial (each time with two riders on the track, seeded from the overall ranking after the points race).**

- b) **All events run as per the Technical Regulations in each event.**
- c) **Whenever possible there shall be an interval of at least 30 minutes between two events.**
- d) **Any rider failing to attempt to start in one of the events shall not be allowed to take part in the subsequent events but shall be considered to have abandoned the competition. He shall therefore figure last in the final classification with the provision “DNF” (did not finish).**
- e) **A full result shall be produced for each event.**
- f) **A cumulative total of ranks obtained in each event shall be updated in increasing order after each event. The winner shall be the rider who has obtained the lowest total of rankings.**
- g) **In the event of a tie, the best rider shall be determined by the lowest cumulative time of the time trial events.**

NON CHAMPIONSHIP EVENTS – TRACK

82 – DERNY PACED CHAMPIONSHIP

Category	Heats	Finals
Elite Men	7.5 kms	10 kms

- a) Derny riders and Competitors must have a current competitors/derny riders licence.
The clerk of the course will conduct a draw for the competitors starting positions. He will also conduct a draw for their derny bikes / riders. Which shall have a number displayed on the tank.
Competitors with their handlers will line up in the main straight in their starting order one metre apart, on the measuring line.
The paces will circle the track in the positions they have drawn and at the starters discretion he/she will fire the starting pistol when the pacers pass their competitors and the race will begin with the competitors receiving a one step push.
- b) The pacers must stay above the sprinters line at all times.
- c) The leading pacer must stay below the blue (Motor pace) line.
- d) All passing will take place leaving a one metre clearance between competitors
- e) All passing will take place on the outside.
- f) When two pacers are riding side by side and come to a slower pacer the Commissaire will warn the slower pacer with a yellow flag and the slower pacer must move down to the red line (sprinters lane) to allow the overtaking pacers to pass without hindrance to the manoeuvre.
- g) Should a pacer or competitor suffer a mechanical mishap (spare derny to be available) the pacer and the competitor must regain the field in the position they retired from at the time of the mishap. They must do so within 5 laps or 1250 metres approximately. Pacers and competitors must complete the last 2000 metres.
- h) All pacers and competitors who do not comply to rules e, f, g. shall receive a red flag as a warning and on the second offence a black flag and disqualified from the event.
- i) All pacers and competitors who do not comply with rule h), shall receive a black flag and be disqualified.
- j) All pacers and competitors who jump the starters gun will be blacked flagged and immediately disqualified from the event.
- k) All competitors must finish the race with the pacer they were allocated.
- l) All pacers and competitors must leave the track immediately the race is over.
- m) Competitors who are 5 laps in arrears will be withdrawn from the event.
- n) All pacers and competitors who in the opinion of the Chief Commissaire are competing illegally or in a manner considered to be dangerous will be black flagged and disqualified from the event.
- o) If a pacer or competitor removes one or both hands from the handle bars during the event they maybe disqualified.

At the presentation ceremony both the competitor and derny rider will receive equal medals, gilt silver bronze.

83 – ELIMINATION RACE

- a) Competitors will take a rolling start, whilst the real start will be given after one lap by a whistle or pistol shot.
The first elimination will take place the second time round after the real start.
- b) Elimination races take place individually, with the elimination of the last competitor to cross the finishing line who is called out at that point. The elimination is determined by the rear of the back wheel of the last bicycle crossing the finishing line.
- c) After each sprint the last competitor shall be eliminated and shall immediately leave the track.
- d) On a track measuring 333.33m or more the elimination of competitors will take place every lap. For tracks of less than 333.33m, the elimination **should** take place every second lap.
- e) On track of less than 333.33m a whistle shall indicate each lap that precedes the sprint.
- f) When competitors are eliminated every lap and three (3) competitors are left on the track, the next eliminated competitor shall take third place – the bell will sound and the remaining two (2) competitors will contest the final sprint.
- g) When competitors are eliminated every second lap and there are three (3) competitors left on the track, the next eliminated competitor will take 3rd place and the remaining two (2) competitors will receive the call of “two (2) laps to go”.
- h) The winner will be judged on the front part of the front wheel, which crosses the finishing line first.
- i) In the event of a fall or mechanical mishap, those competitors will be eliminated at the next crossing/crossings of the finishing line, equivalent to the number of competitors who are affected by the fall or mechanical mishap.

- j) If a competitor withdraws for any reason during the event, he/she will be eliminated at the next crossing of the finish line.
- k) If a competitor deliberately rides on the blue band to avoid elimination, he/she shall be eliminated on the next crossing of the finish line.
- l) In no case is a fresh start envisaged for any cyclists eliminated as a result of an accident.

84 – HANDICAP

- a) A track handicap event is one in which the strongest competitors are given the greatest distance to travel in accordance with past performances with the aim of equalising the competition between all competitors.
- b) Track handicaps may be held over 1000m or 2000m, however the distance may be varied having regard to size of track and local custom.
- c) Handicappers should not set any handicap mark greater than 15% of the advertised distance of the race.
- d) Competitors must start from the mark as determined by the Handicapper. There is no appeal against this rule. However, the limit mark in any event shall not be greater than 1 lap of the track.
- e) Competitors shall start on the measuring line of the track. Where two (2) or more competitors are scheduled to start from the same mark, they shall line up across the track in the straights and in single file in the bends. In the latter instance, the competitor with the lowest number shall start at the rear of the group.
- f) Competitors may receive a push start (One step only, no running)
- g) Competitors who gain an advantage at the start or who cause a false start will be penalised by the Chief Commissaire on the basis of 10m for a 1000m handicap and 20m for a 2000m handicap. A second false start will mean disqualification for the competitor concerned.
- h) In the opinion of the Commissaires, any competitor who does not complete the race distance without a reasonable excuse will be penalised. A competitor must defend his/her chance.

85 – ITALIAN PURSUIT

- i) This is a team event over a fixed distance with the distance varying because of the track size.
- j) Two (2) teams of four (4) to six competitors to start on opposite sides of the track.
- k) Each competitor to lead for one or two (2) laps, then withdraw as quickly and safely as possibly, with the next competitor to lead and so on.

86 – FLYING TIME TRIAL

- a) The distance may vary from 200m to 1000m.
- b) No pacing is allowed.
- c) Three (3) watches are to be used with the normal timekeeping principles being observed.

87 – UNKNOWN DISTANCE SCRATCH RACE

- a) This event is a scratch race with the distance not advertised prior to the start.
- b) The race may have intermediate sprints either on a point score system or a sprint prize being separate and distinct from any other prize allocation.
- c) For intermediate sprints a white flag shall be shown at two (2) to go, a whistle with one to go.
- d) For the final sprint a yellow flag to be shown at two (2) laps to go and the bell to be rung as normal.

88 – REPECHAGE HANDICAP

- a) In all heats the competitors will start from the scratch mark and normally the first and second placegetters qualify for the final. The number of entries to determine the formula.
- b) Competitors placed 3rd, 4th, 5th and perhaps 6th to be placed in two (2) heats. The competitors to start from their previously allotted handicap mark in these two (2) repechage heats. No more than those competitors required for the final to qualify from each of these heats.
- c) In the final the competitors start from their allotted handicap mark.

89 – PROGRESSIVE POINTS RACE

- a) Distance as determined, normally 10 to 20 laps.
- b) Sprint each lap for varied set of points usually on an ascending scale, e.g. 1 point for first lap, 2 points for second lap until 10 points for the 10th lap, thereby a total of 55 points could be accumulated.
- c) A competitor must finish to be placed.
- d) Special prizes can be awarded every even lap.

ANNEXURE 1

Sprint Draw Schedule

Table showing the composition of the sprint with 16 or more starters when 16 riders qualify

Starters	System	Event	Composition	1st	2 nd
16	1/8 Finals	1	N1-N16	1A1	
	8 x 2 ⇒ 1 = 8	2	N2-N15	2A1	
	1 Heat only	3	N3-N14	3A1	Ranked
		4	N4-N13	4A1	According
		5	N5-N12	5A1	to 200m TT
		6	N6-N11	6A1	qualifying
		7	N7-N10	7A1	
		8	N8-N9	8A1	
8	1/4 finals	1	1A1-8A1	1C1	For places
	4 x 2 ⇒ 1 = 4	2	2A1-7A1	2C1	5th to 8th
	1 heat only	3	3A1-6A1	3C1	
		4	4A1-5A1	4C1	
4	Semi finals	1	1C1-4C1	1D1	1D2
	2 x 2	2	2C1-3C1	2D1	2D2
	In 3 Heats if Required				
4	Finals	1	1D1-2D1	Gold	Silver
	2 x 2	2	1D2-2D2	Bronze	4th
	In 3 Heats if Required				

Add note

In the event of less than 16 riders the draw shall then revert to the top 8 qualifiers

The riders NOT QUALIFYING will then run off for placing's in a manner to be decided by the technical commission depending on the original amount entries

Table showing the composition of the sprint with 8

8	1/4 finals	1	N1-N8	1A1	
	4 x 2	2	N2-N7	2A1	
	1 heat only	3	N3-N6	3A1	
		4	N4-N5	4A1	
4	Semi finals	1	1A1-4A1	1D1	1D2
	2 x 2	2	2A1-3A1	2D1	2D2
	In 3 Heats if Required				
4	Finals	1	1D1-2D1	Gold	Silver
	2 x 2	2	1D2-2D2	Bronze	4th
	In 3 Heats if Required				

ANNEXURE 2

TIME PENALTY CHART

Insert Table

ANNEXURE 3

Penalty Chart

	W Warning or reprimand
	F Fine (maximum fine \$100)
	R Relegation
	D Disqualification
	S Suspension the final sanction.....
CNSW	
Penalties Guide Lines for Road and Track	
Discipline
Road & Track	Events Championships - Elite Men, Elite Women, U23 and all Juniors
1. Start without signature check	W + F \$20
2. Bicycle	
2.1 Presentation at the start of a race or race stage with a bicycle not in conformity with the regulations	Start Refused
2.2 Use of a bicycle in a race which is not in conformity with the regulations	R + D
3. Clothing	
3.1. Wearing of non essential items	Start refused
3.2. Rider at the start without mandatory helmet	Start refused
3.3. Rider taking off the mandatory helmet during the race	D + F \$30
3.4 Rider competing with an unauthorised helmet	D + F \$50
4. Number, or frame number changed or altered in any way	
4.1 One-Day Race and Stage Race	1st offence: F \$20
	2nd offence: F \$50
	3rd offence: D
5. ID number or frame plate invisible or unrecognisable	
One-Day Race and Stage Race	1st offence: F \$20
	2nd offence: F \$50
	3rd offence: D
6. Non-return of rider's number after dropping out	F \$20
7. Putting on or taking off a garment against the Regulations	Rider: F \$20
	Team Manager: F \$20
8. Non-regulation assistance to a rider of another team	Each rider concerned:
8.1 One-Day Race	D
8.2. Stage Race	1st offence: F \$50
	2nd offence: F \$50+ time penalty
	3rd offence: D
9. Flying relay between team mates	
9.1 One-Day Race	F \$30 plus R to end of field
9.2 Stage Race	F \$30 plus Time penalty of 30"
9.3 In last km of a Stage	F \$50 plus R
Between riders from different teams:	
9.4 One-Day Race	F \$30 + R to end of field
9.5 Stage Race	F \$30 + Time penalty + 30"
9.6 In last km of a Stage	F \$50 +R to end of field
10 Sprint deviating from selected lane and endangering other riders	
10.1 One-Day Race	D
10.2 Stage Race	1st offence: R to the last place in his group and points classification penalty
	2nd offence:F \$50 + R to last place in the stage, point classification penalty
	3rd offence: D

Irregular Sprint	
10.3 One-Day Race	F \$50 +R to the last place in his group
10.4 Stage Race	1st offence: F \$30 + R to the last place in his group 2nd offence:F \$50 +R to last place in the stage 3rd offence: F \$50 + D
Pulling jersey	
10.5 One-Day Race	F \$30
10.6 Stage Race	F + Time penalty \$30 + 10"
10.7 During last km of the event	F \$50 + D
10.8 During last km of a stage	F \$50 + Time penalty +30" + R 2nd Offence F \$50 + D
11. Pushing off against a vehicle	
11.1 One-day race	F \$20
11.2 Stage race	F \$20 + Time penalty + 10"
Pushing amongst team-mates	
11.3 One-Day Race	F \$20
11.4 Stage Race	F \$20 + Time penalty + 10"
Pushing a member of another team	
11.5 One-Day Race	F \$30 +D
11.6 Stage Race	F \$30 + Time penalty + 10"
11.7 in last stage	D
12. Wilful obstruction of a rider or a team car	
12.1 One-Day Race	F \$30 + D
12.2 Stage Race	1st Offence F \$30 + Time penalty + 10" 2nd offence;F \$50 + D
12.3 For offence during last km of stage:	F \$50 + Time penalty + 30"
12.4 For offence in last stage	F \$50 + D
13. Prohibited assistance to another rider during a circuit finish	
13.1 One-Day Race	F \$50 + D
13.2 Stage Race	F \$50 + R
13.3 For offence during last stage	F \$50 + R
14. Willful deviation from the course, attempt to be placed without having covered the entire course by bicycle, resuming the race after having accepted a lift in a vehicle or on a motorbike	F \$50 + D + (S possible suspension)
15. Unintentional detour of the circuit constituting an advantage	D
16. Passing a level crossing which is already down	D + (S possible suspension)
17. Cheating, attempted cheating, collusion between riders of different teams	
17.1 One-Day Race	F \$50 + D
17.2 Stage Race	F \$50 + D
18. Rider holding on to his team's vehicle:	Rider: F \$50 + D Team Manager: F \$50 + D Team: exclusion of the vehicle for the duration of the race without the possibility of replacement
19 Rider holding on to some other motor vehicle:	
19.1 Briefly	F \$20
For some time	
19.2. One-Day Race	F \$30 + D
19.3 Stage Race	F \$30 + time penalty calculated by Commissaires. 2nd offence F \$50 + D

20. Non-regulation breakdown or medical assistance	
20.1 One-Day Race	1st Offence F \$20 2nd Offence D
20.2 Stage Race	1 st offence: W 2nd Offence F \$20 During last 20 km of stage: F \$30
21. Follower leaning out or holding supplies out of vehicle	1st offence: F \$40 2nd offence: F \$60
22. Motor-cycle carrying breakdown supplies other than wheels	F \$30 + D
23. Unauthorised refreshments	
23.1. One-Day Race	
in the first 50 km	F \$20
in the last 20 km	F \$30 + may be disqualified
23.2. Stage Race	
- in the first 50 km of stage	F \$20
- in the last 20 km of stage	F \$30 + may have time penalty imposed
24. Non-regulation supply of refreshments	F \$20 per Offence
25. Breach of regulations concerning vehicle movements during the race	F \$50 Vehicle driver:
26. Obstructing the progress of an official car	F \$30 Rider: F \$50 Other licence-holder:
27. Abandoning a commissaire riding in a Trade Team, National Federation or association vehicle during the race	F \$60 for the Team manager:
28. Failure to respect instructions by the Race organiser official or commissaire	F \$50 - \$100 for 1st offence F \$100 + D for 2nd Offence
28.1. Failure to respect instructions concerning a vehicle in Stage Race	Vehicle sent to back of the field for Stage
28.2. Failure to respect instructions concerning a vehicle in One Day Race	Vehicle sent to back of the field for entire Race
29. Insults, threats, unseemly behaviour	W or F or D depending on severity \$50 -\$100 + then possible suspension
30. Acts of violence	
30.1. Among riders	F \$50 + Time penalty + 1' T/P stage race or D + then possible suspension
30.2. Towards anyone else	F \$50 + D + then possible suspension
31. Theft of food, drink or any other goods during the race	D + possible suspension
32. Carrying a glass container	F \$50 + D
33. Illegal or dangerous throwing of an object The throwing of an object into the crowd	W + F \$30
34. Discarding a glass object	F \$50 + D
35. Recrossing the finishing line in the direction of the race while still wearing a number panel	W then F \$30
36. Failing to attend official ceremonies	W then F \$60
37. Using a mobile telephone, CD player, I pod or transistor radio during a road or track race	W then F \$30 then D
ROAD STAGE RACES	
38. failure to wear an awarded leader's jersey or one-piece	Rider: start refused or D
39. Demonstration or collusion to avoid being eliminated	F \$50 + D
INDIVIDUAL ROAD TT EVENTS	
40. Riders failing to respect regulation distances and gaps	W then F \$30 then D
40.1. Slip-streaming	time penalty as table
4.1 Following vehicle failing to respect a distance of 10 m	F \$50 Team manager: Rider: Time penalty 20"
42. Breach of provisions concerning the circuit and warming up	W then F \$20

TEAM ROAD TT EVENTS	
43. Riders failing to respect regulation distances and gaps	W + F \$30 each rider then D
43.1 Slip-streaming	time penalty as table
44. Pushing amongst riders of the same team	
44.1 Day Event	D
44.2 Stage Race	Time penalty on each rider
45. Following vehicle failing to respect a distance of 10M	Team manager: \$20 Each rider in the team: 20"
46. Breach of provisions concerning the circuit and warming up	W then F \$20
Track Events	
47 For not holding his/her line during the final sprint	W then D (D without W if severe)
48 For riding on the blue band during the sprint	W then D
49 For deliberately riding on the blue band to improve his/her position during the race	D
50 For not having held his/her line during the last 200 mtrs of the race	R then D
51 For irregular movements to prevent his /her opponent from passing	R then D
52 For dangerous riding in the final bend	R then D
53 For dangerous riding during the race	R then D
54 For entering the sprinters lane when the opponent was already there	R
55 For moving down towards the inside of the track when a rival was already there	W or R
56 For moving down towards the inside and forcing the other competitor of the track	W or R
57 For crowding his/her opponent with the intention of causing him/her to slow down	W or R
58 For moving outwards with the intention of forcing the opponent to move up	W or R
59 For moving down to quickly after overtaking an opponent	W or R
60 For a deliberate and flagrant action	W or D
61 For causing the crash of another rider	D
62 For having blocked an opponent	W or D
63 For being late at the start line	W then D
64 For wearing only one number (When the rules require the using of more than one)	W
66 For incorrect gestures	W + F \$20
67 For incorrect behaviour	W + F \$20 to \$50 (D if severe)
68 For pushing an opponent	W + F \$20 to \$50 (D if severe)
69 For carrying illegal publicity on the back of a racing jersey	W + F \$20
70 For incorrect behaviour or disrespect to an official	F \$50 + D + possible suspension
71 For folding or mutilating a race number	F
72 For improper advertising on a National /State jersey shorts	W + F \$30
73 Qualified forEvent but did not start with justification	F
74 For protest with hands off handlebars	W then F \$20
75 For using two persons to give information to a rider during a pursuit team's race	W then F \$20
76 For not being ready with extra wheels or other equipment at the start.	W then F \$20
77 Urinating in a public Place Road or Track	F \$20 then x 2 for each incident

Definitions

F FINE: *A monetary penalty within the guidelines of the Penalties in Competition depending on the severity of the incident*

D DISQUALIFICATION: *Disqualification from participation including heats, finals and any other events or a part thereof on the program (e.g. subsequent rounds, repechages etc). Any other event on the program may be interpreted as another event on another day.*

R RELEGATION: *Relegation in a heat, a final or an event.*

S SUSPENSION: *Suspension from participating in any further events and licence withdrawn for the length of the suspension.*

W WARNING: *A warning is any infringement that has been handed down as a penalty, any two warnings or infringements will result in disqualification from the event.*

Penalty - Urinating in a public place, road or track - Fine \$100 then x 2 for each subsequent offence.

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Technical Innovations to a Bicycle	55 c)	8
Technical Specifications to a Bicycle	55 d)	8
Track Championship Sizes and Fields	68	21
Track Markings and Equipment General Competition	66	20
Track Racing Rules General Competition	67	20
Tyres	55 d v)	10
Unknown Distance Scratch Race	87	38
Weight	55 d ii)	8